



JEWISH FAMILY SERVICE

supporting our community one child,
one adult, one family at a time

News from the Heart

L'dor V'dor, From Generation to Generation

When Norma Neaderthal (z'l) passed, we learned that Jewish Family Service was named as a beneficiary in her will. Her gift leaves a legacy that will help ensure the agency continues to support our community long into the future. It also adds to a legacy that includes her children's, grandchildren's and great-grandchildren's deep involvement with JFS for over 30 years.

When great-grandson Dillon Aronoff began thinking about possibilities for a Mitzvah Project as part of bar mitzvah, all roads pointed back to JFS. His dad, Norma's grandson-in-law, Dan Aronoff, told Dillon about his own experiences on the board of JFS and the important work of the agency. Dillon already knew part of the story because shopping for the JFS Hanukkah gift program with his grandmother, Norma's daughter, Elise Straus, was a family tradition that he treasured.

So, it was natural for Dillon to choose a meaningful Mitzvah project, donating games he loved to play with his great-grandmother, Norma Neaderthal, to the JFS Hanukkah program. "I felt really good about my mitzvah project because whenever I played these games with my Meau it made me happy," Dillon said. I thought that kids of all ages would like games like Monopoly, Clue, Apples to Apples and that I could make their Hanukkah a little happier by donating them."

Of his son's decision, Dan reflected, "It really made me feel good when Dillon chose his mitzvah project because it was him saying that he admired my involvement in JFS and that he wanted to follow suit. Playing games with his great-grandma was a highlight of both Norma and Dillon's week that he wanted to honor through his mitzvah project. Everything made so much sense and had deep meaning for everyone."

Elise also took pride in Dillon's choice. "I am so grateful that my children are all living in town and involved



Dillon Aronoff (right) playing games with his great-grandmother, Norma Neaderthal z'l

in the community. The fact that it trickled down to the grandchildren getting involved makes me feel great!"

As for Dillon's father's involvement in JFS, Dan Aronoff served as JFS Board Member from 2007 to 2013. He remembers how the agency responded to the challenges of the Great Recession. "The financial assistance programs JFS offer were especially relevant as there were a lot of people in need. To see these programs being put into action was very powerful and resonated with me." The timing of Dan's entry onto the board was especially fortuitous. As unemployment was spiking upward, Dan's HR expertise helped launch JFS' Jewish Job Network. The program connects Jewish business owners with job seekers, and helps offer what, for Maimonides, was the highest level of charity: helping people achieve financial independence through the work of their own hands.



Dillon and Dan Aronoff, Julie Neaderthal and Elise Straus

Dan was recruited to the Board by his aunt, Norma's daughter-in-law, Julie Neaderthal, who served on the JFS Board from 1993-2007, including a term as President in 2003-2005. Julie served during a turning point in the agency's history. "We had just hired

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Executive Committee:

Ben Russ
President

Nan Speller
Vice-President

Steve Lapidus
Treasurer

Nancy Flexer
Secretary

Kathy Caplan
Executive Committee at large member

Stan Schklar
Executive Committee at large member

Howard Safer
Past-President

Board Members:

Christina Evans
Tara Goldberg
Ira Helderman
Rae Hirsch
Adam Hyatt
Teri Kaselberg
Brian Lapidus
Patty Marks
Danielle Mendelson
Evan Rittenberg
James Schulman
Lisa Shmerling
Katie Wayne
Susan Zager

Staff:

Pam Kelner
Executive Director

Teri Sogol, LCSW
Casework Director

Toni Jacobsen, LCSW
Clinical Social Worker

Anna Sir
Helping Hands Coordinator

Janet Parr
Office Manager

Roslyn Landa, CPA
Controller



Howard Safer, JFS Past-President (right) passing the metaphorical gavel to newly installed President, Ben Russ

Dear Friends of JFS,

I am glad to have the opportunity once again to express my thanks to all of you for your support of Jewish Family Service and for giving me the honor of serving as its board president. I am excited about the future of JFS. The organization is stronger now than it has ever been, thanks to the continued efforts of our staff, board, and members of the community at large.

The efforts of the staff, not only to continue providing essential services to our community, but also to seek out and address additional, unmet needs of Jews in Middle Tennessee, speaks to the high level of dedication and professionalism they maintain. It is a pleasure to work with them, and to know that they are both thorough and efficient, as well as discreet and caring. Today, JFS serves thousands of community members in dozens of ways that range from financial aid and food relief to counseling to adoption services, just to name a few. The number of people that JFS serves and the ways in which JFS serves them grows every year.

From the establishment our precursor organization, the Hebrew Benevolent Society, over 160 years ago, JFS has been a vital part of Nashville's

Jewish community. The agency serves a mission that the Jewish community of Nashville has always recognized as truly necessary and critical. Many members of our community have been involved personally with JFS for decades. Many of their families, for even longer. I am pleased to be able to carry on that tradition.

On a more personal note, as I mentioned in my remarks at the annual meeting, I value and am honored by the opportunity to serve an organization like JFS. There is nothing political, controversial, or skewed about its mission. JFS exists to help people in our community that need help, doing so in the best way it can. It is a privilege to lead an organization like that. The job is also made far easier because its mission is so pure of heart, and because the people who carry out its mission are so experienced, and care so deeply about it. They give their all to it daily.

I hope the year is a good one for all.

Yours Truly,

Ben Russ
JFS President



Our Honorees of the Year



Chesed Award recipients, Lisa and Mike Shmerling and Elaine Parker



The JFS Board Surprises Pam Kelner, Executive Director, with the Achotenu tribute.



Lynn Fleischer, Ruach Award recipient and Jim Brewer, Chaver Award recipient

Highlights of 2016-17

Jewish Family Service's core services and programs:

(statistics are July 2016-June 2017)

In total - over 1600 clients were served by JFS

- Adoption** 48 people served
- Case Management** 3 people served
- Counseling** 99 people served
- Emergency Financial Assistance** 38 people served
- Family Life Education** 184 people served
- Golden Lunch Bunch** 59 seniors served
- Hanukkah Gift Program** 54 individuals served
- Healthy Skills for Healthy Kids** 39 children served
- Helping Hands Volunteer Initiative** 95 seniors served
- Helping Hands Music Program** 8 people served
- Information and Referral** 350 people served
- Jewish Job Network** 74 job seekers served
- Kosher Food Boxes** 43 individuals served
- Low-vision Program** 3 individuals served
- Opening Minds Through Art** 4 people served
- Rosh Hodesh: It's a Girl Thing!** 24 tween and teen girls served
- Senior Seder** 64 seniors served
- School Supplies** 32 people served
- Support Groups** 12 individuals served

A year of new programs and education

“Freedom Song” - JFS, in partnership with all area synagogues and BBYO, brought “Freedom Song” to Nashville. This performance, produced by Beit T’Shuvah, a Los Angeles addiction treatment center and congregation, juxtaposes one family’s Passover Seder with personal stories of addiction in a 12-step meeting. The ensemble cast, comprised of graduates of the program who are in recovery, shared their stories with brutal honesty. The impactful production was attended by **130** members of our community and addressed the epidemic of addiction we face on both a local and national level. The goals in bringing this program to Nashville were to provide a forum for discussion, tools for prevention, and education about the important issue of addiction.

Opening Minds Through Art (OMA) - JFS expanded offerings for those living with Alzheimer’s or other dementias to include Opening Minds Through Art (OMA). OMA, a national evidence-based art program, builds bridges across age and cognitive barriers through art. JFS pairs people with dementia (the artists) with Eileen Wallach who is an OMA trained facilitator. The focus is on imagination instead of memory, and on remaining strengths instead of lost skills. OMA enables people with dementia to assume new roles as artists and teachers and leave a legacy of beautiful artwork.



Since the Jewish Federation, in partnership with the Harold Grinspoon Foundation, launched Life and Legacy in the Nashville Jewish community in April, the following people have signed a letter of intent indicating they will leave an after-lifetime gift to Jewish Family Service. We are so appreciative of your commitment to ensuring that JFS will be around for another 164 years serving the ever changing social and economic needs of the community. If you would like to have a conversation regarding your Legacy, please contact either Pam Kelner at 615-354-1644 or Sandra Hecklin, JFS Team Leader at 615-356-3473.

Anonymous (3)
 Felicia and Ken Anchor
 Robin and Mark Cohen
 Erin Coleman
 Karen Dotter
 Robert Eisenstein
 Nili and Eitan Friedman
 Reta Guttman
 Sandra and Steve Hecklin
 David Heller
 Toni and Dick Heller
 Rae and Bruce Hirsch
 Melanie and Doug Hirt
 Pam and Shaul Kelner
 Roslyn Landa
 Valerie and Adam Landa
 Leslye and Steve Lapidus
 Jan Liff
 Yuri Livshitz
 Diana and Shelly Lutz
 Daniella Pressner and Rabbi Saul Strosberg
 Edria and David Ragosin
 Marissa and Ben Russ
 Arlene and Howard Safer
 Stan Schklar and Marco Fernandez
 Suzanne and Jimmy Schulman
 Lisa and Mike Shmerling
 Alyssa Trachtman

Life and Legacy



David and Edria Ragosin

How did you decide to give back to the community? Were there specific role models for you?

Both of us have an inner philosophy of tikkun olam. It is a part of the Jewish DNA! Edria in particular has been very active in organizations at a leadership level because we couldn't always give the donations that we would like to give, but we can give our time and expertise. We haven't always been able to give as much as we would like to in our lifetime, which is why Life and Legacy is such a fulfilling program for people like us. Both of our parents gave of their time in the community and sent us the message that if individuals don't support the organizations they care about then they won't be around for future generations, whether they be cultural, educational or social services.

Do you remember your first gift to JFS?

It was when Edria's mother moved here in 2002. JFS was here for us every step of the way. First by finding a doctor for Mom. Then [JFS social worker] Toni Jacobsen came to visit on a regular basis when Mom was living with us and also when she lived in the nursing home. What impressed us was that Toni was never in a hurry, put up with all of her *mishegas*, and she *always* had good advice for us based on her conversations with us, Mom and what she saw going on. Her

advice was so appropriate, supportive and most important, confidential.

[Edria later began going to the Caregiver support group run by JFS social worker, Teri Sogol.]

It was a priority on my schedule and I never missed a meeting. That's because it was so helpful. It was a group of people all going through the same thing. We were all caring for our parents and I learned a tremendous amount from others in the group in addition to the expertise Teri brought to the table. The side benefit was we all became good friends through the group.

What we learned is that JFS is there to support you at every stage of life. We saw how important the agency is for every person in the community because every person will face a challenge in their lifetime and that is something all of us should support.

How did you put your estate plans into action?

This is a funny story because when we were first asked if we had an estate plan we laughed because we didn't think of ourselves as wealthy enough for that. But then the person asked us, "Do you have a house?" "Yes." "Do you have a car?" "Yes." "Do you have a retirement account?"

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What do you get when you cross a Passover Seder with a 12-Step meeting?

The answer is *Freedom Song*—a transformative musical about addiction that poses the question, “What are you a slave to?”

Produced by Beit T’shuvah, a Jewish addiction treatment center in Los Angeles, *Freedom Song* was brought to an appreciative audience of teens and adults at the Gordon Jewish Community Center on April 2, through the collaborative efforts of Jewish Family Service, the local congregational religious schools, and BBYO. Funding for the program was provided by the Jewish Federation and a generous gift from an anonymous donor.

The performance was followed by cast-led question-and-answer sessions. Audience members were surprised to discover that all 19 members of the cast are themselves recovering alcoholics.

“Powerful performances”, commented one adult who attended.

“The program was fantastic and moved me to tears,” said another.

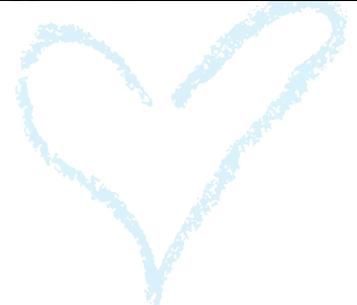
Others attested to the importance of speaking openly about the reality of addiction in our community. “This program and its topic are very important and relevant to the entire Jewish community,” remarked an adult in recovery who came to see the performance. “We must be able to admit problems and remain as welcomed and full members of our Jewish community.”

Shayna Rosenbloom, a teen who attended, wrote, “I went into *Freedom Song* not knowing what to expect. All I had really heard about it was that it was a group of people who portrayed an AA meeting next to a Seder. Watching it blew away any preconceptions I had. It was really powerful to see these real people come up and share their own stories to a group of strangers. Everyone on the stage had gone through things that I can’t even imagine, so hearing from them made the world of addiction, something that had always felt worlds away from my life, real.”

“I think the most powerful moment of the *Freedom Song* was during the discussion afterwards when we got to talk with some of the performers,” Rosenbloom continued. “One of the girls was telling us her story of her years of substance abuse, and ended by saying that she was 19. To see



someone my age be brave enough to accept help from her community and be willing to share her experiences is something that I had never seen before. It made me realize both how lucky I am to have the life I live, while also allowing me to understand that I can emphasize with those struggling with addiction.” •



TRIBUTES *Jewish Family Service is grateful to the families and individuals who participate in our ongoing Tribute program. It is a wonderful way to honor special people in your life and, at the same time, help fund the vital programs of JFS.*

IN HONOR

Heidi & Ron Addlestone
Congratulations on renewing your vows!
Lynn & David Barton

Lynn & David Barton
Amy Barton

Jim Brewer
Congratulations on receiving the 2017 JFS Chaver Award!
Lynn & David Barton
Cindee & Michael Gold
Michael Gryll
Reta Guttman
Marilyn & Henry Foyer
Pam & Saul Kelner
Barbara Levy
Helen & Perry Moskovitz
Debi & Charlie Robin
Barbara S. Turner

Boris Bukengolts
Laura Thompson & Yuri Livshitz

Lynn Fleischer
Congratulations on receiving the 2017 JFS Ruach Award!
Lynn & David Barton
Robin & Mark Cohen
Cindee & Michael Gold
Michael Gryll
Reta Guttman

Marilyn & Henry Foyer
Pam & Saul Kelner
Diana & Sheldon Lutz

Mindy Hirt
Congratulations on being named one of the Nashville Business Journal's 2016 "Women of Influence"!
Royce & James Fishel

Pam Kelner
Congratulations on receiving the Achatenu Tribute!
Lynn & David Barton
Cindee & Michael Gold

Howard Kirshner
Congratulations on receiving the 2016 JFS Chesed Award!
Royce & James Fishel

Elaine Parker
Congratulations on receiving the 2017 JFS Chesed Award!
Sandra & Gary Achor-Martinson
Lynn & David Barton
Nancy Campbell
Barbara S. Cohen
Lynne Cohen
Sandy Cohen
Erin & Micah Coleman
Phyllis & Stanley Frank
Edie & Alan Graber
Michael Gryll
Reva & Eugene Heller
Toni & Dick Heller
Shelley Holland
Evelyn & Marvin Koch
Bonnie & Robert Miller
Townley & Robert Neill
Doris M. Nixon
Ryah Parker
Sandra & Gerald Parker
Jonathan Parker & William Marmer
Judith Parker Morrison
Daniella Pressner & Rabbi Saul Strosberg
Edria & David Ragosin
Barbara & Jay Rittenberg
Evan Rittenberg
Arlene & Howard Safer
Ruth Schefflin
Nan Speller
Laura Thompson & Yuri Livshitz
Alyssa Trachtman
Alice & Rev Weber

Susan & Jeffrey Zager
Janice & Manuel Zeitlin

Barrett Rosen, M.D.
Congratulations on receiving the Tennessee Medical Association's 2017 "Outstanding Physician Award!"
Terri Cohen

Trent Rosenbloom, M.D.
In honor of your serving as mohel!
Patricia & Rabbi David Davison
Rabbi Saul Strosberg

Ben Russ
Congratulations on becoming the new JFS President!
Robin & Mark Cohen

Lisa & Michael Shmerling
Congratulations on receiving the 2017 JFS Chesed Award!
Lynn & David Barton
Dianne & Brian Berry
Barbara & Eric Chazen
Robin & Mark Cohen
Erin & Micah Coleman
Mimi & Frank Friedman
Reva & Eugene Heller
Toni & Dick Heller
Rae & Bruce Hirsch
Evelyn & Marvin Koch
Ellen E. Lehman
Patty & Jimmy Marks
Julie & Bob Neaderthal
Sharon & Moises Paz
Yulia & James Phillips
Daniella Pressner & Rabbi Saul Strosberg
Ellen & Michael Rosen
Arlene & Howard Safer
Andrew Sandler
Frances Shmerling
Lisa & Stephen Small
Nan Speller
Gloria & Paul Sternberg
Alyssa Trachtman
Carol & Peter Weiss
Karen & Fred Yazdian
Susan & Jeffrey Zager
Janice & Manuel Zeitlin
Shirley Zeitlin

Anna Sir & Volunteers
Thank you for making our special days out a welcome and enjoyable event!
Janice Krohn

Libby & Moshe Werthan
Betsy Chernau

Alice Zimmerman
With Love & Gratitude!
Bebe Marx

IN APPRECIATION

Lynn & David Barton
Thank you for honoring the memory of Hannah Kayser Palmer with the JFS Annual Senior Seder!
Nancy Lipsitz & Kirk Barton

Reta Guttman
Terri Cohen

Nan Speller
Terri Cohen

NEW BABY

Lauren & Mike Cooper
Congratulations on the births of your new grandchildren!
Leslye & Steve Lapidus

Gloria & Eddie Felsenthal
Congratulations on the birth of your new grandson, Eric!
Terri Cohen

Amanda & Daniel Gluck
Congratulations on the birth of your new son, Dane Samson Gluck!
Gretchen & Randy Goldstein

Linda & Joel Gluck
Congratulations on the birth of your new grandson, Dane Samson Gluck!
Gretchen & Randy Goldstein

Tara & Benjamin Goldberg
Congratulations on the birth of your son, Oliver!
Leslye & Steve Lapidus

Patty & Jimmy Marks
Congratulations on the birth of your new grandson, George Harel Marks!
Lynn & David Barton
Dianne & Brian Berry
Pam & Saul Kelner

Leslye & Steve Lapidus
Julie & Bob Neaderthal

Martha & Bob Nemer
*Congratulations on the birth of
your new granddaughter!*
Arlene & Howard Safer

GRADUATION

Jake Speller
Carolyn & Barrett Rosen

HAPPY HOLIDAYS!

Dianne Berry
*Wishing you love & light this
Hanukah!*
Erin, Greg, Rena, Sari
& Tali Zagnoev

BAT MITZVAH

Cecile Prager
Terri Cohen

Anna Straus
Leslye & Steve Lapidus

BAR MITZVAH

Dillon Aronoff
Laurie & Dan Aronoff

Dr. Mark Helfaer
Louise & Ted Paillet

MARRIAGE

**Tricia Hassenfeld
& Sam Potasznik**
Dianne & Brian Berry

ANNIVERSARY

Royce & James Fishel
Barbara & Frank Ghertner

Sue & Larry Melnick
*Congratulations on your 50th
Wedding Anniversary!*
Leslye & Steve Lapidus

SPEEDY RECOVERY

David Ellis
Nan Speller

David Finer
Leslye & Steve Lapidus

Nancy Flexer
Lynn & David Barton
Reta Guttman
Pam & Saul Kelner

Larry Goldberg
Anne & Larry Evans

Paula Goldberg
Anne & Larry Evans

Michael Gryll
Leslye & Steve Lapidus

Dr. Richard Heller
Royce & James Fishel

Toni Jacobsen
Lynn & David Barton

Irma Kaplan
Anne & Larry Evans

Charles Krivcher
Leslye & Steve Lapidus

Steve Lapidus
Anne & Larry Evans
Toni & Dick Heller
Rae & Bruce Hirsch
Pam & Saul Kelner
Patty & Jimmy Marks
Elaine & Michael Neumann
Janet Parr
Nan Speller

Yuri Livshitz
Pam & Saul Kelner
Jan Liff

Bernie Pargh
Leslye & Steve Lapidus

Joe Perlen
Leslye and Steve Lapidus

Michael Rosen
Leslye & Steve Lapidus
Barbara S. Turner

Jimmy Schulman
Leslye & Steve Lapidus

Estelle Silbert
Anne & Larry Evans

Bonnie Small
Barbara & Frank Ghertner
Toni & Dick Heller
Arlene & Howard Safer
Nan Speller
Carol & Roy Smith

David Sorin
Leslye & Steve Lapidus

Phil Stoup
Leslye & Steve Lapidus

Elise Straus
Nan Speller

Jim Straus
Leslye & Steve Lapidus
Nan Speller
Barbara S. Turner

Howard Tepper
Nan Speller
Barbara S. Turner

Leon Tonelson
Nan Speller

Michelle Trachtman
Leslye & Steve Lapidus

Beth Wise
Edria & David Ragosin

Sally Wolfe
Royce & James Fishel

Shirley Zeitlin
Nan Speller

BIRTHDAY

Phyllis Alper (90th)
Cathy & Howard Rosenblum

Margaret Biller
Leslye & Steve Lapidus

Rhoda Cohen
Anne & Larry Evans

James Fishel
Terri Cohen

Royce Fishel
Nan Speller

John Hassenfeld
Dianne & Brian Berry

Alex Limor
Edria & David Ragosin

Jennette Martin
Nan Speller

Leon May
Robert Eisenstein
Arlene & Howard Safer

Dr. Barrett Rosen
Terri Cohen
Barbara & Frank Ghertner
Nan Speller
Jackie & Howard Tepper
Alice Zimmerman

David Schwartz
Leslye & Steve Lapidus

Steve Small
Nan Speller

Nan Speller
Terri Cohen
Karol & Richard Feldman

Alan Winner (100th)
Toni & Dick Heller

Sally Wolfe
Esther & Roger Cohn
Nan Speller
Jackie & Howard Tepper
Alice Zimmerman

IN MEMORY (Z "L")*

Michael
*Nephew of Brenda & Joel
Shavin*
Terri Cohen

Gerald Averbuch
Barbara S. Turner

Sandra Averbuch
Lynn & David Barton
Vickie Brod
Stan & Marco Fernandez-
Schklar
Barbara S. Turner

Claire Baron
Leslye and Steve Lapidus

Mildred Bleiberg
Leslye & Steve Lapidus

Jeff Borer
Leslye & Steve Lapidus

Phyllis Brin
Vickie Brod

Jane G. Eskind
Royce & James Fishel

Jean L. Eskind
Terri Cohen

Jeanne Fagadau
Lynn & David Barton

Linda Flexer
Lynn & David Barton
Barbara & Frank Ghertner

Rosalind Goldsmith
Terri Cohen

Suzanne Dockman Greener
Lynn & David Barton
Dianne & Brian Berry
Pam & Saul Kelner
Leslye & Steve Lapidus

Ricki Isaacs
Melanie & Doug Hirt
Cathy & Howard Rosenblum
Nan Speller

Michel G. Kaplan
Carolyn & Barrett Rosen

Lydia Gold Kaset
Terri Cohen
Carolyn & Barrett Rosen

Ann Lampert
Didi & Brian Biesman

Irving Levy
Terri Cohen
Anne & Larry Evans
Leslye & Steve Lapidus
Nan Speller

Charlotte Lewis
In loving memory!
Janet Belser

Norman Lustig
Anne & Larry Evans

Esther Mayden
Patty & Jimmy Marks

Joel E. Mazor
Roxann Garber

Geri Melnick
Leslye & Steve Lapidus

Adam Michael
Terri Cohen

Norma Neaderthal
Charlotte Seloff

Frank J. Nochumson
Alice Zimmerman

Max Notowitz
Leslye & Steve Lapidus

Sherman Novoson
Lee Beaman
Zita & Dan Elrod
Carl Littmann & family
Karen Platt

Ivan W. Parr, III
Lynn & David Barton
Stan & Marco Fernandez-
Schklar
Toni & Dick Heller
Rae & Bruce Hirsch
Pam & Saul Kelner
Nan Speller

Philip Remer
Jan Liff

Sara Rachel Robin
Leslye & Steve Lapidus
Nan Speller

Eric Rosenfeld
Leslye & Steve Lapidus

Phillip Seydel
Lousie & Ted Paillet

Ros Shainberg
Lynn & Scott Ghertner
Nan Speller

Howard Stark
Alice Zimmerman

Leon Burton Strauss
Nan Speller

Jay Susman
Leslye & Steve Lapidus

David Weismark
Anne & Larry Evans
Leslye & Steve Lapidus

Bernard Werthan, Jr.
Lynn & David Barton
Leslye & Steve Lapidus

Sara Zangwill
Royce & James Fishel

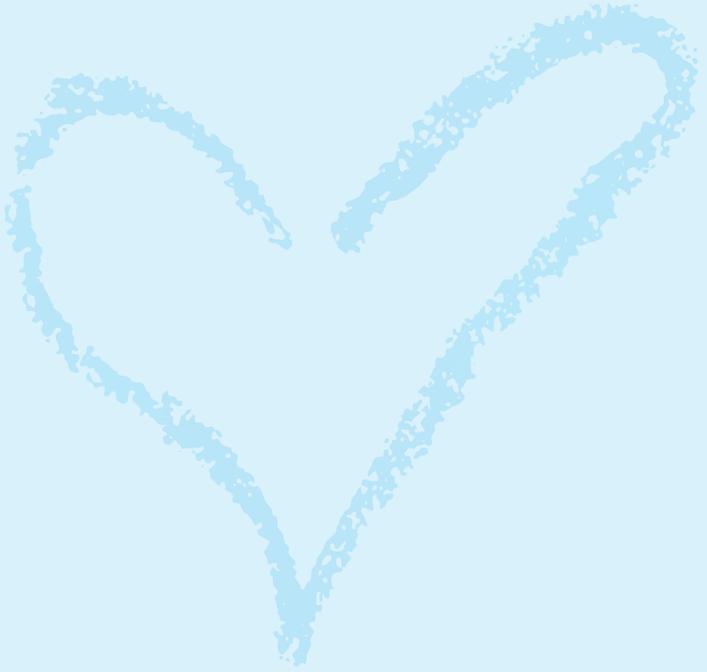
Jacqueline D. Zbar
Jan Liff

**Toni Jacobsen's
Psalm 103.2
Greatest Need Fund**

Pamela and Mark Carver
Steven Holmes
Anna Kate Jacobsen
Lynn Kanter
Pam and Saul Kelner
Lisa and Steve Kemmer
Roslyn Landa
Eva and Dan Marx
Linda McBride
Elaine and Frank Parker
Janet and Eileen Wallach
Barbara and Bob Woolf

** (Z " L) - Of Blessed Memory*

**Tribute donations received
after November 8th, 2017 will
be included in the next JFS
Newsletter.**





JFS Senior Seder

The JFS Senior Seder has become a highly anticipated event each spring. JFS began the tradition 9 years ago with the goal of providing a meaningful daytime Seder with all of the major components—haggadahs, wine, matzah ball soup—we have it all! Each year a different Nashville Rabbi takes a turn to lead the service—ensuring that each year is just a little bit unique. One of the constants, however, is the core group of volunteers—most of which have helped at the Seder every year since the beginning.

For many of the people who attend, this is the only Seder that they are able to go to and they are especially grateful for the fact that it takes place during the daytime. One attendee who drives from Hendersonville each year for the Seder summed it up this way: “When my mother moved from a closely knit synagogue family in Miami to Hendersonville she felt as if she had lost a large portion of her Jewish identity. The JFS Senior Seder gives her back an important piece of who she is...and I simply love listening to her speak the Hebrew prayers and seeing the smiles caused by wonderful memories.”

The JFS Senior Seder is held each year in honor of the late Hannah Kayser Palmer, who attended the first Senior Seder in 2008 with her daughter Lynn Barton. Hannah’s family wanted to ensure that each year JFS has sufficient funds to have an annual Seder so they provided resources to ensure the program’s continuity. JFS is committed to ensuring that there is a Senior Seder each year and is grateful for the support of the community.

**Mark your calendars now
for the 10th JFS Senior Seder
on Thursday March 22, 2018.**



David and Lynn Barton, who underwrite the Senior Seder in memory of Lynn’s mom, Hannah Kayser Palmer



Rabbi Saul and Helene Rothchild share a moment



Enjoying each other’s company



Our dedicated crew of volunteers



WITH:

David Kirk Barton, M.D.,
Adult Psychiatry

Thursday, January 11, 2018
7:00-8:30pm

AT THE:

Gordon Jewish Community Center

OFFERED BY:

Jewish Family Service

Anxiety disorders are among the most common mental illnesses in the U.S., affecting 18.1% of the adult population every year. Anxiety disorders are highly treatable, yet only 36.9% of those suffering receive treatment.

Join us for a special talk to learn the symptoms of anxiety, treatments, and when to seek help. We'll also discuss the difference between anxiety and stress, and medical conditions that are often linked to anxiety.

REFRESHMENTS WILL BE SERVED.

NO CHARGE FOR ATTENDANCE
RSVP to Teri Sogol, LCSW, JFS
at: 615.354.1662



JEWISH FAMILY SERVICE



THE STRENGTH OF A PEOPLE.
THE POWER OF COMMUNITY.

Be someone who gives hope

Generous community support provides indispensable funding for all Jewish Family Service programs and services, ultimately improving the lives of the 1700+ clients we serve every year.

So many ways to help

Restricted or Unrestricted Giving:

Every contribution helps make a tangible difference in the lives of the people who need it most. "Unrestricted" donations support the full range of vital programs and services - allowing us to direct funds to where the need is greatest - and to help support our operating costs. As a donor, you can also "Restrict" the gifts to specific programs or services that have special meaning to you.

Memorial and Tribute Gifts: When your gift is a "tribute" for a special occasion, or in honor or memory of someone special, you get the satisfaction of giving a truly meaningful gift and we take care of sending the card.

Your gift will be acknowledged in accordance with your instructions, and the gift amount will not be disclosed unless you request it.

Auto Donation Program: JFS partners with Charitable Auto Resources to accept donations of automobiles, boats and motorcycles. The net proceeds of the sale of your vehicle go to help support our programs and services. To donate, please call 877-537-4227 or visit <http://www.jfsnashville-cardonations.org/>

Legacy Giving: Including JFS in your estate plans enables you to support those programs that are most important to you and to leave a lasting legacy while retaining control of your assets during your lifetime. Giving options include bequests, named en-



Generation

Continued from page 1

our first executive director and were branching out into the community,” she recalled. “No longer were we going to be the hidden gem in the community! Our first Chesed dinner was held in 1995. We were lucky if we filled a few tables and now it is a cherished fundraising event in the community with close to 300 people attending.”

Those years were a turning point not only in JFS’s staffing and fund-raising, but in its services as well. “I remember Russian resettlement was

winding down, the last wave happened in 1991,” Julie said. “However, it was a very large group so everything from ESL classes to job placement, finding apartments and furnishing them to teaching them how to shop in US markets was still taking place. At the time, JFS had a storage closet filled with donated furniture. My parents, Leonard and Shirley Greenfield, set the bar high for me in terms of giving of their time, adopting one of the Russian immigrant families. I can still remember the first time that they celebrated Hanukkah in America and my father teaching them how to drive. Resettlement was a magnificent, huge effort by JFS and the

entire community.”

She recalled with pride how, even as the Russian resettlement was winding down, JFS was opening up work with new communities. “JFS’s historic decision to serve the GLBT community in their quest to adopt was a highlight of my tenure on the board.”

Of Norma Neaderthal, the woman who launched her family’s four-generation-and-counting relationship with JFS, Dan says, “Norma was a very giving person. It was a part of her moral fabric and it was something that I admired. It was never something that she did out of obligation; it was as genuine a passion as it could be.” •

Life and Legacy

Continued from page 4

“Yes.”

“Then you need an estate plan!”

We thought about all of the institutions that we care so deeply about that we want to ensure are around for a long time after we are gone. They include the Nashville Symphony, Akiva School, Congregation Micah, Camp Judea, St. Jude’s and, of course, Jewish Family Service.

After attending JFS’s session about End of Life Planning, the Gift Initiative, with Alive Hospice we found a lawyer whose expertise is in estate planning and created a bequest. That session really pounded home to us that we have to get all of this down on paper since we travel a lot and who knows what is going to happen tomorrow?

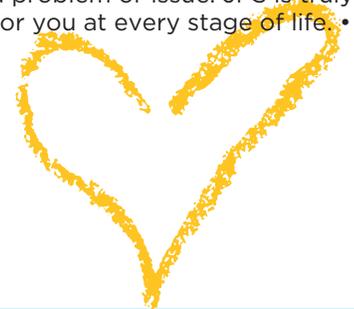
Why do you feel it’s important for everyone to consider leaving a legacy gift?

We want these institutions to survive for a long time into the future. It’s important that people see there are individuals and couples who decided that this institution is so important in the community that they have made a commitment. It would be such a blessing if people in the community would realize that if they give, as an example, \$25,000—if invested to generate a 4% return, it would generate \$1,000 a year in perpetuity for that organization. What a legacy that is! Hopefully this program will inspire others to consider leaving a legacy gift.

What do you wish more people knew about JFS?

People have to realize that human beings were not created to be static.

We don’t stand still. We’re dynamic and change on a regular basis, so we have more needs than we realize. People think that, “If I ask for help, I’m weak.” That is not the case! That is why you need the village. It feels so good to go to a support group and realize that you are not alone. There is a feeling of safety that there are professional LCSWs at JFS with such depth to whom you can entrust your inner feelings and in return you will get some answers or suggestions to help solve a problem or issue. JFS is truly there for you at every stage of life. •



dowment funds, life income plans, charitable remainder trusts, charitable lead trusts, and stocks. You may also use a life insurance policy to make a gift by irrevocably naming JFS as the owner and beneficiary of the policy.

Matching Gifts: Many corporations and businesses have programs to match employee gifts. Ask your employer or human resources department if they will help make your gift to JFS twice as powerful.

Federated Campaigns: If your employer conducts a campaign, we hope you give generously and consider designating some or all of your contribution to Jewish Family Service.

- Employees of Metro Nashville Government and School system as well as employees of many local colleges

and universities, **Community Health Charities code 80244**

- Employees of organizations participating in a **United Way Campaign use code 24**
- Employees of the Federal Government, **Combined Federal campaign, code 79963**

Corporate Sponsorship: Receive exposure by sponsoring our annual Chesed Dinner – sponsorship levels vary.

Volunteer: A personal, valuable, and rewarding way to give is that of time. JFS could not operate without the selfless dedication of our volunteers.

Kroger Gift Cards: Now it’s easier than ever to support JFS while shopping at Kroger! Just follow these simple steps:

- 1) Go to www.kroger.com
- 2) **SIGN IN** or **CREATE AN ACCOUNT**
- 3) Go to the **Community Rewards section** on the page.
- 4) In the **Search** bar, **TYPE** in “Jewish” (or #88836) and **click search**.
- 5) You will see **Jewish Family Service** along (with our address to the right of it).
- 6) Choose the **dot** on the left and **Click ENROLL**

Once you have signed up, JFS will benefit every time you shop and swipe your Kroger Plus card!

To find out more about any of these opportunities, please call (615)356-4234 or visit www.jfsnashville.org



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Jewish Family Service strives to
Improve social, emotional and economic conditions
Enhance personal growth
Increase opportunities for independent, productive and satisfying lives

*“One who saves a Single Soul Saves an Entire World”
- Sanhedrin 37a*