



JEWISH FAMILY SERVICE

*supporting our community one child,
one adult, one family at a time*

News from the Heart



Art Show Highlights New JFS Program

Participants in the JFS Helping Hands through Art Program had their artwork proudly on display during the month of October at the Gordon Jewish Community Center.

Helping Hands through Art is a partnership of Jewish Family Service of Nashville and OMA (Opening Minds through Art), an award-winning intergenerational art-making program for people with neurocognitive disorders such as Alzheimer's and other forms of dementia.

During the opening night reception of the show, several of the artists attended along with their family members and discussed the artwork with community members who also attended the show. It was a meaningful event, allowing the artists and their families to feel the welcome embrace of the community, as well as giving the artists the opportunity to answer specific questions about their choices of paint colors, or to talk about the process of creating art.



A few of our proud artists with their families.

Eileen Wallach, a social worker and trained OMA facilitator, conducts the art visits by meeting with each client on a one-on-one basis. No art experience is needed and only the space of a card table is necessary.

Wallach's training has prepared her to guide budding artists through the process and help them achieve a sense of accomplishment.

JFS's Anna Sir, who manages the program, remarked that "...the art show felt like an important culmination of the

first 2 years of this new program, as well as honoring each of Eileen's visits with our clients, who were incredibly proud to share their work."

JFS began the art program in 2016 with a New Initiative Grant from the Jewish Federation, enabling JFS to continue their tradition of providing one-on-one services and activities for the community's seniors.

For more information please contact Anna Sir at JFS 615-354-1686 helpinghands@jfsnashville.org . •



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Helping Hands Coordinator

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Controller



19 of our past Chessed honorees were in attendance at this year's Chessed dinner...we HAD to get a photo!

Dear Friends of JFS,

I am glad to be able to write you again about the exciting things, both new and older, going on at JFS. I am always amazed at the number and breadth of the programs that a small agency can provide in our community, but JFS does just that. From newer programs that build on older ones like the Opening Minds Through Art for people with dementia, to programs that have been around for many years like our Kosher food box program and our counseling services, JFS is always looking to find new and better ways to serve people in the Jewish community of Middle Tennessee that need and deserve to have the peace of mind that these services provide.

I also am always excited about the family life education programs because I feel that many people might believe that they are lucky enough not to need JFS's direct services. Even if you are in such a position, programs like Turning Beliefs Into Action from this past year about teen empowerment, or the program and performance about dealing with addiction from last year are



Pam Kelner, JFS Executive Director, and Ben Russ, JFS President

informative and compelling programs for the entire community that provide value to everyone. Of course, all these things are made possible by our excellent staff and our tireless volunteers. It is a privilege to lead the board and I look forward to seeing what JFS has in store for the upcoming year.

Ben Russ
JFS Board President



Our Honorees of the Year



Chesed Award recipients, Daniella Pressner and Carol Smith



Leslie Sax, GJCC Executive Director and Frank Gordon, GJCC Board President representing the Chaver Award recipient, the Gordon JCC.



Laura Rosenbauer and Sue Salberg, Ruach Award recipients

Highlights of 2017-18

Jewish Family Service's core services and programs:

(statistics are July 2017-June 2018)

In total - over 1600 clients were served by JFS

- Adoption** 38 people served
- Case Management** 5 people served
- Counseling** 113 people served
- Emergency Financial Assistance** 35 people served
- Family Life Education** 236 people served
- Golden Lunch Bunch** 59 seniors served
- Hanukkah Gift Program** 118 individuals served
- Healthy Skills for Healthy Kids** 39 children served
- Helping Hands Volunteer Initiative** 95 seniors served
- Helping Hands Music Program** 6 people served
- Information and Referral** 365 people served
- Jewish Job Network** 74 job seekers served
- Kosher Food Boxes** 43 individuals served
- Low-vision Program** 3 individuals served
- Opening Minds Through Art** 4 people served
- Rosh Hodesh: It's a Girl Thing!** 17 tween and teen girls served
- Senior Seder** 55 seniors served
- School Supplies** 28 people served
- Support Groups** 17 individuals served

A year of new programs and education

Challah Bake for Cancer Awareness - JFS, in partnership with Gilda's Club, the Gordon JCC, and Sharsheret, brought an educational program to 70 individuals centered on practical guidance on how to lower your cancer risk and be proactive about your total health.

High Anxiety - Over 40 individuals attended an enlightening presentation by David Kirk Barton, M.D., where they learned about the difference between stress and anxiety, symptoms of anxiety, how to know when to seek help and what kinds of help are available.

Turning Beliefs into Action - 75 teens were empowered at a program on social action where they realized the impact one person can make on society. The program consisted of small group discussions where the teens focused on identifying social issues they are passionate about followed by two inspiring speakers, Marcus Whitney and Julie Stein. Both speakers recognized a social issue, had an idea to address it, and brought that idea to fruition.



JFS Caregiver Support Group - nourishing body and soul

Community members have been finding friendship and support through the JFS Caregiver Support group since 2014. The group, facilitated by Toni Jacobsen, LCSW, meets twice a month and is open to anyone in the community-parent, spouse, significant other, etc. that is caring for a loved one.

Initially, the group was encouraged to bring their lunch, but we noticed many people were not eating. While caring for loved ones, their lives are so busy that they tend to forget to take care of their own needs and often put themselves last. We wanted to meet this basic need and were able to secure private donations and now provide a healthy and comforting lunch for them.

The group is a time for caregivers to come together and talk about their struggles, concerns and anything related to caregiving in a supportive, safe, and confidential environment. A veteran member speaks about what the group means to her, "I look forward to sharing lunch with the other group members. We support each other, cry with each other and grieve with someone who loses a loved one. I no longer feel alone in my role as a caregiver." This is not a therapy group, but an opportunity for them to support each other through helpful discussions as we offer structure and support while facilitating the group. If you are interested in learning more about this group, please call Toni Jacobsen at 615-354-1672. •



New Employee Spotlight: Ashley Franklin

What made you decide to become a social worker?

I have always wanted to help and be of service to others- and social work was a natural fit for me. I'm empathetic, resilient and objective when it comes to supporting others in finding solutions. I have a passion for social justice and helping people remove barriers in their life.

What is your professional background?

After graduating with my Master's Degree and earning my LMSW, I worked as a therapist in a residential treatment center for adolescents ages 8-18, providing individual, group, and family counseling. I formed a partnership with the local animal shelter to provide the children opportunities for social-emotional learning and support with animals. For the past 13 years, I worked as the district social worker in the Franklin Special School District. I worked with children, families, and the schools to help ensure children and their families achieve emotional and academic success. I began the first district food pantry and was a part of several boards and committees to serve the needs of the population.

What attracted you to the work of Jewish Family Service specifically?

What are your hopes and dreams for working at the agency?

I love the heart and mission of JFS; there are so many valuable programs to help everyone. I remember being a student intern here when I was in graduate school and how welcoming and close knit the community was-how they embraced and welcomed people of all backgrounds. I was



Ashley and her daughter, Sophia

excited to have the opportunity to come back and be a part of that again. I think I bring a beneficial perspective and diverse experience working with children and families, and I hope to be a valuable and trusted part of this community.

In your short month here, what has been the most satisfying part of being part of the JFS team?

I think JFS feels like a family and that is one of the most appealing parts so far to me. Everyone at JFS (and the JCC) has welcomed me and has done so much to make me feel at home. It's a community full of love and support.

What do you like to do outside of work?

I'm a single mom to a 10-year-old daughter, Sophia. We love to bake, do arts and crafts, go to plays and movies, and explore new places and things. I spend a lot of time with my family and friends, which is very important to me. I also love to read, cook, hike, paint and travel. •



Turning Beliefs Into Action (or how to make your dreams come true & change the world at the same time!)

The world is filled with unmet needs and issues that beg to be resolved—lack of affordable health care, hunger, human trafficking, environmental threats—the list goes on and on. A sense of powerlessness to affect these seemingly overwhelming problems is enough to make us throw our hands up in despair. For really, what can one person do? 75 Jewish teens in grades 7-12 explored that question at “Turning Beliefs Into Action”, a program on social action offered by Jewish Family Service in collaboration with the religious school directors of our local congregations.

Teens first participated in facilitated small group discussions focusing on “what issues keep you up at night” and then what can you do about it?! The discussions dug deep and centered around how their beliefs and backgrounds can inspire them to do great things in the world. Some of the common themes included: bullying, respect of women, immigration, poverty, LGBT rights, homelessness, climate change, and an increase in teen drug use. Rachel Kenyon, a facilitator, observed: “If we want to make progress toward Tikkun Olam (repairing the world) we had better get together at the same table.”

Next, they heard from two inspiring, dynamic speakers who recognized a social issue, had an idea to address it, and brought that idea to fruition. Noted Nashville entrepreneur, Marcus Whitney, sent a strong message that individuals, operating with a core set of beliefs and a strong commitment, can reinvent themselves to be better BOTH

for themselves and society. Among Marcus’s many ventures, two address a social issue: The Unlikely Company, a Public Benefit Corporation that exists to develop entrepreneurs who will have an opportunity to close the income inequality gap while creating businesses that will address our society’s biggest problems, and Oasis Venture, a program he co-founded with Oasis Center that immerses highly capable yet often marginalized young people in the world of entrepreneurship with a goal of young people actually creating and starting businesses that address a pressing social need.

The teens then heard from Julie Stein, Director and co-founder of Wildlife Friendly Enterprise which reduces human-wildlife conflict around the world by building markets and wildlife friendly supply chains for goods and services that achieve the goals of people, profit, and planet. Julie shared her own story and several of her life lessons which led her to starting up this high-impact organization including: “Your path may be circular, but it’s your path to navigate. Be open to serendipity. Find your passion and follow where it leads you. Find your tribe & mentors and learn EVERYTHING you can from them. Good ideas are a dime a dozen: Conquer your fear & get off the couch. Sift through the advice you get- you are on your own path.”

Together, the teens gained a sense of empowerment as they realized the impact one person can make on the world around them. •

Adoption Gifts

Upon completion of an adoption, Jewish Family Service wraps our clients with a warm embrace from members of the Jewish community.



Barrie Brown hand knits blankets for every adoptive family with love.



Kaaren Hirschowitz Engel (z"l) created this piece of artwork to be given to each adoptive family. The piece features the prayer, Shehecheyanu. The blessing speaks of our gratitude for reaching this moment in our lives, of which, finalization of an adoption is a momentous occasion!

*How wonderful it is that
nobody need wait a single moment
before starting to improve the world.*

– Anne Frank



Jewish Family Service
is grateful to the families and individuals who participate in our ongoing Tribute program. It is a wonderful way to honor special people in your life and, at the same time, help fund the vital programs of JFS.

IN HONOR

Mary L. Jones

Congratulations on receiving the NCJW Hannah G. Solomon Award!
 Nancy Flexer

Lynn Fleischer

Lynn & David Barton

Lana & Franklin Pargh

Laura Thompson
 & Yuri Livshitz

Daniella Pressner

Congratulations on receiving the 2018 JFS Chesed Award!

Lynn & David Barton

Kathryn Calhoon

& David Ettinger

Erin & Michael Coleman

Stan & Marco

Fernandez-Schklar

Nancy Flexer

Marilyn & Henry Foyer

Yehudit & Aaron Gavant

Roberta & Lenn Goodman

Stacey & Coby Hanai

Lynn & Ronald Heady

Toni & Dick Heller

Pam & Saul Kelner

Evelyn & Marvin Koch

Barbara Levy

Diana & Sheldon Lutz

Elaine & Frank Parker

Lynne & Rodney Rosenblum

Bernie Schklar

Nechama & Chaim Schuman

Margo & Jim Strosberg

Laura Thompson

& Yuri Livshitz

Gayle & Bernie Tucker

Barbara & Bob Woolf

Donna Zak

Laura Rosenbauer

Congratulations on receiving the 2018 JFS Ruach Award!

Lynn & David Barton

Pam & Saul Kelner

Trent Rosenbloom, M.D.

In honor of your serving as

mohel for our grandson,

Christopher Davis Wrenn!

Nancy & Michael Richardson

Sue Salberg

Congratulations on receiving the 2018 JFS Ruach Award!

Lynn & David Barton

Pam & Saul Kelner

Anna Sir & Volunteers

Karen Berson

Carol Smith

Congratulations on receiving the 2018 JFS Chesed Award!

Lynn & David Barton

David Carney

Sue & Brian Carney

Nancy Flexer

Toni & Dick Heller

Pam & Saul Kelner

Barbara Levy

Lynne & Rodney Rosenblum

Lisa & Stephen Small

Ronald Soltman

Shirley & Stuart Speyer

Cynthia Stone & Mark

Glazer

Elise & James Straus

Shirley Zeitlin

Congratulations on receiving the Jewish Federation

President's Award!

Lynn & David Barton

IN APPRECIATION

Dianne Berry

A heartfelt thanks for your hard work on the 2018 JFS Chesed

Dinner!

Daniella Pressner

Carol Smith

Kathy Caplan

A heartfelt thanks for your hard work on the 2018 JFS Chesed

Dinner!

Daniella Pressner

Carol Smith

Erin Coleman

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Lauren Cooper

A heartfelt thanks for your hard work on the 2018 JFS Chesed

Dinner!

Daniella Pressner

Carol Smith

Anne Evans

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Lynn Fleischer

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Mimi Friedman

A heartfelt thanks for your hard work on the 2018 JFS Chesed

Dinner!

Daniella Pressner

Carol Smith

Heidi Hassenfeld

A heartfelt thanks for your hard work on the 2018 JFS Chesed

Dinner!

Daniella Pressner

Carol Smith

Heidi Hassenfeld

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Toni Heller

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Pam & Saul Kelner

Diana & Sheldon Lutz

Meryl Kraft

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Diana Lutz

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Patty Marks

A heartfelt thanks for your hard work on the 2018 JFS Chesed

Dinner!

Daniella Pressner

Carol Smith

Patty Marks

Hayley Levy

Marisa Mayhan

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Carrie Mills

Cindee & Michael Gold

Judy Morris

Julie & Bob Neaderthal

Elaine Parker

Thank you for your work on the cookbook!

Edria & David Ragozin

Marilyn Rubin

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Teri Sogol

Toni & Dick Heller

Alyssa Trachtman

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

Susan Zager

Thank you for helping with the JFS "Friends" mailing!

Janet Parr

NEW BABY

Jamie & Jeremy Brook

Congratulations on the birth of your son, Richard!

Toni & Dick Heller

Cantor Tracy Fishbein & Glenn Turtel

Congratulations on the birth of your son, Joshua!

Toni & Dick Heller

Tara & Benjamin Goldberg

Congratulations on the birth of your son, Oliver!

Dianne & Brian Berry

Sherry & Grif Haber

Congratulations on the birth of your new Granddaughter,

"Vivian"!

Terri Cohen

Rae & Bruce Hirsch

Congratulations on the birth of your new Grandchildren!

Julie & Bob Neaderthal

Mary L. Jones

Congratulations on the birth of Estelle Jones!

Nancy Flexer

Amy & David Pearl

Congratulations on the birth of your son, Ethan!

Reta Guttman

Goldie & Mark Shepard

Congratulations on the birth of your Grandson!

Arlene & Howard Safer

Lisa & Stephen Small

Congratulations on the birth of your new granddaughter,

"Eleanor Elise Small"!

Leslye & Steve Lapidus

Julie & Bob Neaderthal

Shana & Charles Small

Congratulations on the birth of your new daughter, "Eleanor

Elise Small"!

Nan Speller

HAPPY HOLIDAYS!

Dianne Berry

Wishing you a Happy Hanukkah!

Erin, Greg, Rena, Sari

& Tali Zagnoev

BAT MITZVAH**Elise & James Straus***In honor of Anna Straus' Bat Mitzvah!*

Sandra Schwarcz

ENGAGEMENT**Robin & Mark Cohen***Congratulations on Jenny & Nate's Engagement!*

Dianne & Brian Berry

WEDDING**Bassie Tiechtel
& Chaim Weitman**Gretchen & Randy Goldstein
Lorna Graff**ANNIVERSARY****Susan & Fred Feinberg**

Terri Cohen

Aliza & Gerry Parker

Elaine & Frank Parker

Sally & Larry WolfeLynn & David Barton
Terri Cohen**SPEEDY RECOVERY****Ruth Alexander**

Leslye & Steve Lapidus

Robert Alterman

Leslye & Steve Lapidus

Kelley Fife

Anne & Larry Evans

Nancy Flexer

Robin & Mark Cohen

Toni & Dick Heller

Pam & Saul Kelner

Barbara Ghertner

Nan Speller

Ellen Jacobs

Nancy Flexer

Nan Speller

Ruth Klar

Elaine & Frank Parker

Leslye Lapidus

Nan Speller

Teri Lapidus

Elaine & Frank Parker

Bob Neill

Elaine & Frank Parker

Louise Paillet

Nan Speller

Goldie Shepard

Nan Speller

Mark Shepard

Anne & Larry Evans

Julie & Bob Neaderthal

Nan Speller

James Straus

Nancy Flexer

Ellen Vazzano

Elaine & Frank Parker

Larry Wolfe

Nan Speller

Shirley Zeitlin

Louise & Ted Paillet

Nan Speller

BIRTHDAY**Dan Eisenstein**

Mary L. Jones

Annette Eskind (90th)

Phyllis Alper

Esther & Roger Cohn

Bernice & Joel Gordon

Jerry Gold (90th)

Jean Zamore

Joelle & Chad Goldstein

Happy 1st Birthday to Blair!

Coleman Geringer

Frances Hahn (80th)

Elaine & Frank Parker

Dr. Richard ("Dick") Heller

Larry Averbuch

Esther & Roger Cohn

Leslye & Steve Lapidus

Nan Speller

Rae Hirsch

Jamie & Jeremy Brook

Erin, Greg, Rena, Sari

& Tali Zagnoev

Frances Kaminitz (95th)

Julie & Bob Neaderthal

Ariella Hanker Klirs*Happy Birthday to your twins -**Natan & Sarit!*

Blair Wolfson

Jackie Needle

Terri Cohen

Kate Nelson

Iris Buhl

Howard Safer (75th)

Marcia Cohen

Royce & James Fishel

Fred Schaefer

Marisa & Michael Mayhan

Jimmy Schulman (70th)

Dianne & Brian Berry

Julie & Frank Boehm

Jayne & Martin Bubis

Kathy & Bobby Bubis

Ellen & Steve (z"l) Dansky

Robin & Mark Cohen

Laurie & Steven Eskind

Ted Feldman

Nancy Flexer

Mimi & Steve Friedman

Coleman Geringer

Linda & Steve Geringer

Linda & Joel Gluck

Gretchen & Randy Goldstein

Heidi & John Hassenfeld

Rae & Bruce Hirsch

Mary L. Jones

Pam & Saul Kelner

Leslye & Steve Lapidus

Margot Peters

Carol Robinson

& Jeffrey Markel

Brenda & Bobby Rosenblum

Cathy & Howard Rosenblum

Arlene & Howard Safer

Goldie & Mark Shepard

Sylvia Shepard

Lisa & Mike Shmerling

Bonnie & Doug Small

Carol & Roy Smith

Barbara & Larry Speller

Shirley & Stuart Speyer

Karen & Fred Yazdian

Robyn & Sam Yazdian

Goldie Shepard**Lynn & David Barton**

Nan Speller

Sylvia Shepard

Carol & Roy Smith

Nan Speller

Manuel Sir

Nan Speller

Evelyn Solin (100th)

Janice Krohn

Sally Wolfe

Bernice & Joel Gordon

Nan Speller

RETIREMENT**Teri Sogol***Thank you for your dedication**to JFS!*

Sharon & Peter Archie

Laurie & Dan Aronoff

Lynn & David Barton

Gretchen & Randy Goldstein

Lorna Graff

Michael Gryll

Pam & Saul Kelner

Leslye & Steve Lapidus

Carolyn & Larry Levine

Diana & Shelly Lutz

Julie & Bob Neaderthal

Edria & David Ragosin

Sy, Alyssa & Michelle

Trachtman

Shirley Zeitlin

IN MEMORY (Z "L")***Herbert Abelman**

Beth & Richard Wise

Ruth Abelman

Beth & Richard Wise

Michael Babat

Leslye & Steve Lapidus

Jerry & Samuel Belsky

Beth & Richard Wise

Minnie Berlin

Jan Liff

Lilly Berry

Nancy Flexer

Suzanne Brandes

Reta Guttman

Jan Liff

Alice Buc

Jodi & Fred Buc

Nancy Flexer

Patti Cocquille

Leslye & Steve Lapidus

Barbara S. Cohen

Betsy Chernau

Reta Guttman

Wilma Koenig

Julie & Bob Neaderthal

Elaine & Frank Parker

Steve Dansky

Jan Liff

Nan Speller

Kevin Dreifuss

Lynn & David Barton

Robert D. Eisenstein

Margaret Akers

Lynn & David Barton

Judy Cahn

& Todd Campbell

Robin & Mark Cohen

Elaine & Steve Edelstein

Anne & Larry Evans

Stan & Marco

Fernandez-Schklar

Doris Fleischer

Linda & Joel Gluck

Lorna Graff

Rae & Bruce Hirsch

Melanie & Doug Hirt

Mary L. Jones

Pam & Saul Kelner

Flora Mae Kornman

Meryl & Keith Kraft

Janice Krohn

Walter Kuhn

Kim & Brian Lapidus

Jan Liff

Diana & Sheldon Lutz

Louise & Ted Paillet

Terry & Bernie Rosenblum

Sandra Schwarcz

Calena Townsend

Jonathan Townsend
Alyssa Trachtman
Barbara S. Turner
Irene & Alex Wolchansky
Barbara & Bob Woolf
Etta & Raymond Zimmerman

Bernice Esstman
Reta Guttman
Elaine & Frank Parker

Terry Arnold Fishbein
Robin & Mark Cohen
Jan Liff

James Flexer
Anne & Larry Evans
Pam & Saul Kelner
Nan Speller

Alma Glickman
Arlene & Howard Safer

Bob Goldman
Elaine & Frank Parker

Mark Goldstein
Anne & Larry Evans

Shirley Greenfield
Margery & David Kashman
Pam & Saul Kelner
Susan Jacobson
& Mitch Tobin
Cathy & Howard Rosenblum
Patricia Tobin

Walter Harrison
Anne & Larry Evans
Leslye & Steve Lapidus
Arlene & Howard Safer

Harriet Heller
Leslye & Steve Lapidus

Eli West Jacobs
Elaine & Frank Parker

Dr. Herman Kaplan
Lynn & David Barton
Esther & Roger Cohn
Bob Eisenstein
Toni & Dick Heller
Pam & Saul Kelner
Leslye & Steve Lapidus
Julie & Bob Neaderthal
Elaine & Frank Parker
Arlene & Howard Safer
Stan & Marco
Fernandez-Schklar
Carol & Roy Smith
Nan Speller
Barbara S. Turner

Larry Katz
Kim & Brian Lapidus
Leslye & Steve Lapidus

Sol Katz
Jan Liff
Elaine & Frank Parker

Dr. Irving Kauvar
Ryan Abbott
Larry Averbuch
Lynn & David Barton
Toni & Dick Heller
Pam & Saul Kelner
Jan Liff
Dede Lipman & Family
Arlene & Howard Safer
Nan Speller
Patti & David Steine, Jr.
Elise & Jim Straus
Sy, Alyssa & Michelle
Trachtman
Harvey P. Wilker

Carleton Lett
Toni & Dick Heller
Jan Liff

Irving Levy
Nancy Flexer

Charlotte Kamsky Lewis
Janet Belser

Martha Lilly
Pam & Saul Kelner
Kenneth Lass
Amy & Greg McCoy
Audrey & Sol Prebus
Marsha Raimi
Carolyn Russell

Norman Lustig
Nancy Flexer

Susy Mayer
Cindee & Michael Gold
Pam & Saul Kelner

Norma Neaderthal
Laurie & Dan Aronoff

Mother of Peggy Okuneff
Robin & Mark Cohen

Murray Ocko
Vickie Brod
Robin & Mark Cohen

Eugene Pargh
Lynn & David Barton
Robin & Mark Cohen
Pam & Saul Kelner

Dory Provis
Leslye & Steve Lapidus

Philip Roseman
Elaine & Frank Parker

Edith Schifan
Leslye & Steve Lapidus
Jan Liff
Julie & Bob Neaderthal

Rhoda Shechtel
Elaine & Frank Parker

Irving Slotchiver
Elaine & Frank Parker
Beth & Richard Wise

Yvette Sebelist
Nancy Flexer

Henry Sender
Lynn & David Barton
Toni & Dick Heller
Pam & Saul Kelner

Minnette Shepard
Leslye & Steve Lapidus

Alvin "Tony" Stillman
Lynn & David Barton
Anne & Larry Evans
"Friends of Ann & Alvin"
Reta Guttman
Nan Speller

Howard Jay Tepper
Lynn & David Barton
Terri Cohen
Bernie, Lenora & Entire
Goldstein Family
Pam & Saul Kelner
Carolyn & Larry Levine
Janette & Buddy Pinson
Betty Lee & Howard Rosen
Lynne & Rodney Rosenblum
Joan B. Shayne
Carol & Roy Smith
Nan Speller
Barbara S. Turner
Alice Zimmerman
Etta & Raymond Zimmerman

Bernard Werthan, Jr.
Nancy Flexer

Margarita Scatori Wilson
Barbara & Allen Cummings
Reva & Eugene Heller
Lita Minor

Alan Winner
Toni & Dick Heller

Ruth & Ralph Wise
Beth & Richard Wise

William Wizner
Elaine & Frank Parker

**IN MEMORY
OF LAYLANI
ROSE
TAMKIN**

Amefil
Agbayani
Virginia Baka
Joanne &
Michael Bander
Lynn & David Barton
Susan A. Bender
Lori Chesser
Abbey Coady
Mona Collins
The Team at Concept
Technology Inc.
Deborah Dixon &
Charles High
Elizabeth Earthman
Linda Engelberg



Farmer Purcell White
& Lassiter, PLLC
FPMW
Myra Gann
Matt J. Gorham, Jr.
Patsy Grooms
Melissa Hardaway
The Team at Insight
Counseling Centers
Toni Jacobsen
Pam & Saul Kelner
Shawn Lee
Diana & Richard Liberatore
Claudia and Ubaldo Lopez
Deborah Lunn
& Jeff DeVasher
Jane MacDonald
Beth Mayer & Robert Elkin
Lyn McRailey
Carol McSwiney
Sue McSwiney
Mid-South Chapter AILA
W. Michael Milom
Susan Morton
Sherri, Glenn and Eric Ozawa
Janet Parr
Tricia & Doug Pate
Jane Poirer
Nancy & Tom Potter
Nancy & Michael Richardson
Maxine Robson
Sharon Ruiz
Ann Rutter
Bennett Savitz
Mary Schmidt
The Scruggs Family
Doris Segal Matsunaga
Jane Shoun & David High
Eli Simons
Joseph Simons
Friends at Siskind Susser
Teri Sogol
Jeanne Sophia
Alice & Mitch Tamkin
Emma Tennent
VYOK Photography
Wheatley Immigration
Law, LLC
Peter D. Williamson
Pamela Wolfe
Gail & Gary Zelizer

**TONI JACOBSEN'S
PSALM 103.2
GREATEST NEED FUND**

Karen Berson
Elizabeth Ivey
Anna Kate & Toni Jacobsen
Linda McBride
Jo Ann Novoson
Gary Tamkin
Lisa Thrall
& Thanasis Papaioanu
Janet & Eileen Wallach

*** *Tribute donations received
after November 5, 2018 will
be included in the next JFS
Newsletter.*

* (Z "L) - Of Blessed Memory



Low-vision Aids have New Visibility!

Have you noticed a shiny new display case in the old lobby of the GJCC? Jewish Family Service is grateful to the GJCC for enabling us to showcase our low-vision aids program.

JFS and B'nai B'rith Maimonides Lodge #46 partner to address the needs of seniors in our community living with low vision. The program serves seniors who find it difficult to engage in basic daily activities such as cooking, locating appropriate clothing, continuing hobbies or reading the newspaper due to vision difficulties.

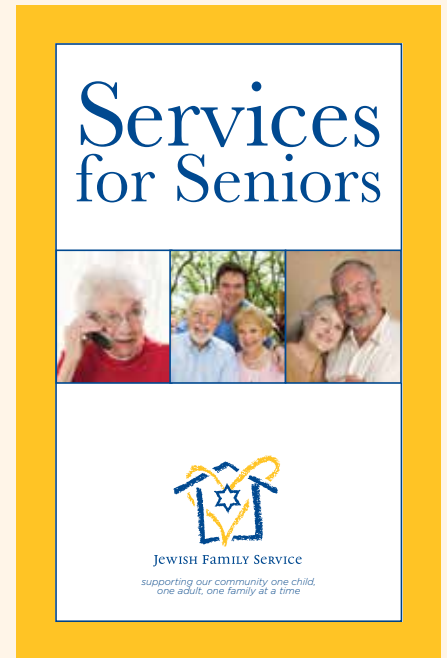
The goal of the program is to provide low vision aids to seniors so that they can maintain their independence. There are a variety of aids available to assist the individual with cooking, telling time, recreational games and personal care. JFS social workers identify and refer seniors with low vision to a committee consisting of trained volunteers who meet with the senior to determine which low vision aids would be helpful and train the senior on how to use the aid. The funding for these aids is provided by B'nai B'rith Maimonides Lodge #46.

A senior who benefitted from the program commented, "I feel very fortunate to be one of the recipients of this life-saving effort." She was able to work with a volunteer to determine which low vision aids would help her maintain her independence as her vision fails.

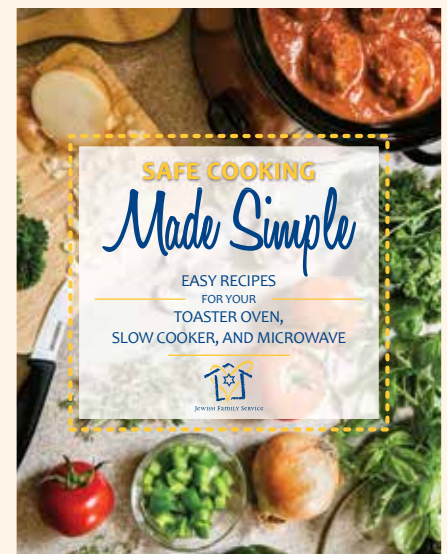
If you feel that you, or someone you know, could benefit from this program, contact Toni Jacobsen, LCSW, at 615-354-1672. •



Coming Soon to Seniors in Our Community



3rd edition of Services for Seniors



This cookbook was created with the goal of finding simple and safe ways for seniors to prepare healthy meals without using an oven or stovetop.



For the times when you need extra support

JFS Counseling Services are here for you.

Professional and confidential counseling services provided by licensed clinical social workers.

- Accepts most major insurance plans
- Sliding scale fee for those without insurance
- Private, discreet entrance
- Serves children, adults, couples and families

If you are in need of counseling services, contact Jewish Family Service at 615-356-4234.



Jewish Family Service





Be someone who gives hope

Generous community support provides indispensable funding for all Jewish Family Service programs and services, ultimately improving the lives of the 1600+ clients we serve every year.

So many ways to help

Restricted or Unrestricted Giving: Every contribution helps make a tangible difference in the lives of the people who need it most. "Unrestricted" donations support the full range of vital programs and services – allowing us to direct funds to where the need is greatest – and to help support our operating costs. As a donor, you can also "Restrict" the gifts to specific programs or services that have special meaning to you.

Memorial and Tribute Gifts: When your gift is a "tribute" for a special occasion, or in honor or memory of someone special, you get the satisfaction of giving a truly meaningful gift and we take care of sending the card. Your gift will be acknowledged in accordance with your instructions, and the gift amount will not be disclosed unless you request it.

Auto Donation Program: JFS partners with Charitable Auto Resources to accept donations of automobiles, boats and motorcycles. The net proceeds of the sale of your vehicle go to help support our programs and services. To donate, please call 877-537-4227 or visit <http://www.jfsnashville-cardonations.org/>

Life and Legacy: Including JFS in your estate plans enables you to support those programs that are most important to you and to leave a lasting legacy while retaining control of your assets during your lifetime. Giving options include bequests, named endowment funds, naming JFS as your retirement plan beneficiary, charitable remainder trusts, charitable lead trusts, and stocks. You may also use a

life insurance policy to make a gift by irrevocably naming JFS as the owner and beneficiary of the policy.

Matching Gifts: Many corporations and businesses have programs to match employee gifts. Ask your employer or human resources department if they will help make your gift to JFS twice as powerful.

Federated Campaigns: If your employer conducts a campaign, we hope you give generously and consider designating some or all of your contribution to Jewish Family Service.

- Employees of Metro Nashville Government and School system as well as employees of many local colleges and universities, **MECCC code 24**

- Employees of organizations participating in a **United Way Campaign use code 24.**

Corporate Sponsorship: Receive exposure by sponsoring our annual Chesed Dinner – sponsorship levels vary.

Volunteer: A personal, valuable, and rewarding way to give is that of time. JFS could not operate without the selfless dedication of our volunteers.

Amazon Smile: When you shop on Amazon Smile, .5% of your purchase is donated to JFS. Go to smile.amazon.com and designate Jewish Family Service of Nashville and Middle TN as your charitable organization.

Kroger Gift Cards: Now it's easier than ever to support JFS while shopping at Kroger! Just follow these simple steps:

- 1) Go to **www.kroger.com**
- 2) **SIGN IN** or **CREATE AN ACCOUNT**
- 3) Click on **Savings and Rewards** near the top of the page
- 4) Scroll down to **Kroger Community Rewards**
- 5) Scroll down to find the "I'm a Customer" box and click on view details.
- 6) In the **Search** bar, **TYPE** in "Jewish" (or **#YR766**) and click **Search**.
- 7) Select "**Jewish Family Service**" (It will also show our address and account number – YR766)
- 8) Click **ENROLL**
Once you have signed up, JFS will benefit every time you shop and swipe your Kroger Plus card!

To find out more about any of these opportunities, please call (615)356-4234 or visit www.jfsnashville.org



Since the Jewish Federation, in partnership with the Harold Grinspoon Foundation, launched Life and Legacy last year, the following people have signed a letter of intent indicating they will leave an after-lifetime gift to Jewish Family Service. We are so appreciative of these individual and couple's commitment to ensuring that JFS will be around for another 165 years serving the ever changing social and economic needs of the community.

If you would like to have a conversation regarding your Legacy, please contact either Pam Kelner, JFS Executive Director, at 615-354-1644 or Sandra Hecklin, JFS Life and Legacy Team Leader at 615-356-3473.

Anonymous (5)
Felicia and Ken Anchor
Richard Barnett
Lynn and David Barton
Jamie and Jeremy Brook
Robin and Mark Cohen
Mary Cornelius and Elaine Taubin
Erin Coleman
Karen Dotter
Nancy Flexer
Nili and Eitan Friedman
Harris A. Gilbert
Bernie Goldstein
Bernice and Joel Gordon
Reta Guttman
Heidi and John Hassenfeld
Rachel Hauber
Sandra and Steve Hecklin
David Heller
Toni and Dick Heller
Rae and Bruce Hirsch
Melanie and Doug Hirt
Jackie Karr
Pam and Shaul Kelner
Leslie and Howard Kirshner
Ruth Klar
Glenda and Lee Kraft
Roslyn Landa
Valerie and Adam Landa
Leslye and Steve Lapidus
Yuri Livshitz
Mary Loventhal Jones
Diana and Shelly Lutz
Patty and Jimmy Marks
LaQuita Martin and Richard Orland
Suzy Perlman
Daniella Pressner and Rabbi Saul Strosberg
Edria and David Ragosin
Esther and Steven Remer
Evan Rittenberg
Marissa and Ben Russ
Arlene and Howard Safer
Stan Schklar and Marco Fernandez
Suzanne and Jimmy Schulman
Lisa and Mike Shmerling
Elise Small
Alyssa Trachtman
Erin and Greg Zagnoev



JEWISH FAMILY SERVICE

Jewish Family Service of Nashville
and Middle Tennessee
801 Percy Warner Blvd., Suite 103
Nashville, TN 37205
615.356.4234

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Save the date for the Chesed Dinner
May 16, 2019



NETWORK
of Jewish Human
Service Agencies

Funded by
Jewish Federation
& Jewish Foundation
OF NASHVILLE AND MIDDLE TENNESSEE
THE STRENGTH OF A PEOPLE.
THE POWER OF COMMUNITY.



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Jewish Family Service of Nashville
and Middle Tennessee, Incorporated
provides professional social services from
Jewish perspectives which respond to and support
individuals and families through life's transitions.

Jewish Family Service strives to
Improve social, emotional and economic conditions
Enhance personal growth
Increase opportunities for independent, productive and satisfying lives

*“One who saves a Single Soul Saves an Entire World”
- Sanhedrin 37a*