



Jewish Family Service

News from the HEART

2023

כל ישראל ערבים זה לזה

All of Israel is Responsible for One Another

As with the floods in 2010 and the Pandemic in 2020 and tornadoes throughout the years, JFS is once again the social service agency for the Nashville and Middle Tennessee Jewish Community in times of crisis. It's important for us to exist. Nashvillians and Israeli evacuees dealing with emotions from the crisis need somewhere to turn. We've been proud to be able to provide:

Emotional Support

- Counseling
- Support groups
- Additional support from community members
- Beads for Israel therapy program
- Free 30 minute conversations to process feelings
- Healing Circle at Congregation Micah

Resources

- Filling a cargo plane with medical and humanitarian supplies for Israel
- Temporary housing*
- Food*
- Basic Needs*

**for Israeli evacuees*

Heart of the Matter Toni Jacobsen, LCSW - JFS Clinical Director

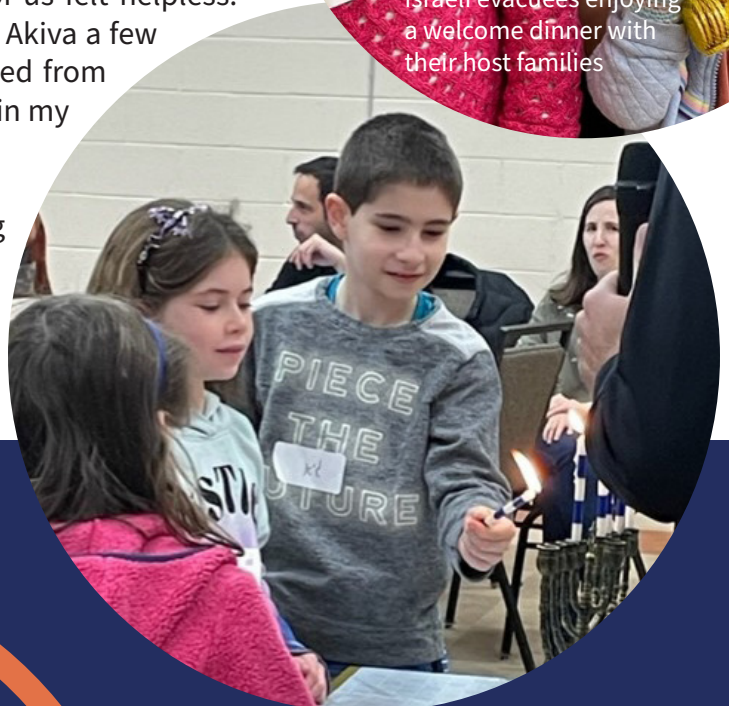
On the morning of October 7th, I turned on the news and learned about the horrors happening in Israel. My heart sank as I watched the images of hostages being taken. Their faces reminded me of people in our own Jewish community and I couldn't help but think the only difference between this community and the Kibbutzim is location. The sadness, shock and horror in our community was palpable. Many of us felt helpless. The tragedy hit home for me when I had a meeting at Akiva a few days later. As those beautiful Jewish children emerged from their classrooms, it brought tears to my eyes because in my mind's eye, I was seeing children from Israel.

True to the tradition of Tikkun Olam, we sprang into action and began addressing the needs of our community. We put together a survey to hear what

Israel Response... continued on page 11



Israeli evacuees enjoying a welcome dinner with their host families



Navigating Life's Transitions. Together.

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A Word from our President

JFS Board President

One of my favorite prayers is Micah 6:8: “You have been told, O mortal, what is good, and what God requires of you: Only to do justice and to love mercy, and to walk humbly with your God.” I have always viewed that message as a simple, yet very powerful, guide for how to live. Since joining the Board in 2018, I have always greatly admired Jewish Family Service’s constant ability to uplift our community. I see how the agency acts every day in accordance with Micah’s teachings.

Serving youths to older adults, the agency provides 20 core programs of compassion and care, improving the lives of over 1700 individuals annually. From counseling, financial assistance, to job networking, to adoption services, to senior events... JFS and its incredible staff deliver an immensely impactful range of programs. But, there is a dynamic, if somewhat hidden, capability of the agency: pivoting to meet the challenges of crisis.

As I know all of us do, I desperately wish I was writing this letter with our world and our Jewish community safely at peace. Unfortunately, the crisis in Israel dictates otherwise. In the past weeks, JFS, as it has done across its 160 year history, quickly organized internally and in collaboration with other agencies and congregations to address emerging and shifting needs within our Nashville, Israeli and worldwide community. We expanded counseling, support groups and education programs for Nashvillians who are struggling with processing the war. We helped manage clothing and provision drives to be sent to displaced Israelis. And just last week, JFS provided resettlement support, coordinated host families, meals, translation support and mental health services for families arriving from Israel... from Kibbutzim attacked on October 7. As the uncertainty and unrest continue, JFS stands ready.

None of this vital work merely happens. The generosity of our volunteers and donors makes JFS in all its forms and capabilities possible. And while we share the hope for a world where JFS is not necessary, we know people in our community will continue to need financial, physical or mental health support. May we heed Micah’s words and act with justice, mercy and humility. ♥

How Many Have Been Helped?

PROGRAM REACH

1,700 INDIVIDUALS SERVED 

20 DIFFERENT PROGRAMS

on a \$600,000 BUDGET

ALL THANKS TO YOUR SUPPORT!



Get more info:  JFSNASHVILLE.ORG

Our 2023 Chesed Honorees



Chesed Award recipient Ben Russ with his father, Phil Russ (above)

Chesed Award recipient Rae Hirsch and family (below)



Irwin Venick, Chaver award winner with Ben Russ

Shabbat Services for Our Older Adults

Providing Services in Four Senior Living Facilities

“It means a great deal for those attending the JFS Shabbat services where I live. It affords us the ability to keep Jewish traditions, follow our faith, and brings us together in friendship and prayer.”

- participant at Abe’s Garden community

JFS is thrilled to announce that we’ve extended our Shabbat Services to two new assisted living facilities this past year – Clarendale and Somerby, bringing the total number of facilities being served to four!



Friday nights at the facilities are filled with joy, connection, traditions and meaningful moments as JFS and our volunteers bring the warmth of Shabbat to the facility’s residents. ❤️

Save the Date: Chesed '24

We hope to see you on May 9, 2024 as we honor our 2024 Chesed Award Winners. Please save the date on your calendar!

Beads for Israel

We joined hands at our recent Beads for Israel event, where gratitude met creativity. Some words from the event: “I am grateful for the opportunity to come together to talk openly about the war. I have not had an opportunity to do so.”

“I was drawn to the program because of it’s uniqueness and the chance to create something with my hands as we talk about difficult topics.”



Each bead is symbolic of each person’s story, experiences, and feelings. We had some wonderful moments during these heartfelt gatherings.

If you’re interested in the program, please reach out to Toni Jacobsen at tonijacobsen@jfsnashville.org ❤️

Beads for Israel

Our Beads for Israel program helps participants channel their concerns and discuss their feelings in an environment of creativity and gratitude.

This is an example of one strand made during our recent Beads for Israel group:

THOUGHTS

“I am grateful for the opportunity to come together to talk openly about the war. I have not had an opportunity to do so.”

“I was drawn to the program because of it’s uniqueness and the chance to create something with my hands as we talk about difficult topics.”

Volunteer Appreciation

Celebrating Those That Give Their Time

“Spiritually it’s uplifting for them and for me. I put myself in their shoes. What would bring me peace at that time in my life.”

- Dr. Beth Barnett, JFS Volunteer

Each year, over 125 people give of their time and talent to reinforce and support the efforts of our staff. The time and compassion given by volunteers enhances the lives of our clients by helping them feel less isolated and more connected to the Jewish Community.

In August, we hosted our Volunteer Appreciation Breakfast to recognize these volunteers. It is amazing to reflect on the heartwarming moments from the event! It was a morning filled with gratitude, connection, and the joy of coming together to celebrate the incredible individuals who light up our mission with their dedication!

Learn more about volunteering at jfsnashville.org ❤️



Tributes

Jewish Family Service is grateful to the families and individuals who participate in our ongoing Tribute program. It is a wonderful way to honor special people in your life, and at the same time, help fund the vital programs of JFS.

IN HONOR

Haley Attridge

Tara & Brian Axelroth

Felice Apolinsky

Beth, Tommy, TJ, & Kayla
Ducklo

Judy Book

Thank you to Judy for your help!

Marcia Cohen

Pamela Carver

Beth, Tommy, TJ, & Kayla
Ducklo

The Corenswet Family

Tara & Brian Axelroth

Scott Ghertner

Beth, Tommy, TJ, & Kayla
Ducklo

Scott Fishel

Beth, Tommy, TJ, & Kayla
Ducklo

Nancy Flexer

In honor of receiving the 2022 Chesed Award
Michael Simon
Sally Wolkoff

Harris Gilbert

Beth, Tommy, TJ, & Kayla
Ducklo

Adam Hyatt

Beth, Tommy, TJ, & Kayla
Ducklo

Rae Hirsch

Sara Speer Selber

Pam Kelner & the JFS team

Market Retrievers LLC
Barbara Nogg

Stephanie & Rob Klein

Congratulations on your new home!
Nan Speller

Stanley Kweller

In honor of being appointed Circuit Court Judge!
Sandra & Steve Hecklin

Brian Lapidus

Beth, Tommy, TJ, & Kayla
Ducklo

Sarah Liess

Jean Elizabeth Liess

The Rappoport-Barton Family

Laura Thompson & Yuri
Livshitz

Trent Rosenbloom

Thank you for performing the bris of Edo Beeri!
Kelse & Tom Beeri
Thank you for performing the bris of Ari Windell!
Gillian & Zach Windell
Maegan & Shauli Greenspan
Todd Harman

Ben Russ & Rae Hirsch

Glen Siegel
Beth, Tommy, TJ, & Kayla
Ducklo

Stan Schklar

Van Pond & David Glasgow

Irwin Venick

In honor of receiving the 2023 Chaver Award!

Arlene Averbuch
Teena & Dick Cohen
Beth, Tommy, TJ, & Kayla
Ducklo

Katie Wayne

Beth, Tommy, TJ, & Kayla
Ducklo

Jack Zager

Katherine & Pete DeLay

Susan Zager

In honor of all your service!
Sylvia & Jack Zager

Rae Hirsch

Congratulations on receiving the 2023 JFS Chesed Award!
Felicia & Ken Anchor
Arlene Averbuch
Jeanne Ballinger and Irwin
Venick

Lynn and David Barton
Dianne and Brian Berry
Sheryl Blechner
Barbara Chazen
Betsy Chernau
Robin and Mark Cohen
Esther and Roger Cohn
Erin Coleman
Beth and Tommy Ducklo
Jamie and Billy Eskin
Marlene Eskin Moses
Nancy Flexer
Jan and David Fox
Risa Klein Herzog and
Drew Herzog
John Hirsch
Jennifer and Mark Hoffman
Jackie Karr
Saul Kelner
Stephanie and Austin
Kirschner
Elaine and Gus Kuhn
Leslye and Steve Lapidus
Marsha Raimi

Shirley Rich

Johanna Russ
Missy and Phil Russ
Loretta and Ed Saff
Sara Speer Selber
Nan Speller
Barbara and Larry Speller
Shirley and Stuart Speyer
Allyse Sprintz
Becky and Dan Sprouse
Caroline and Lee Sprouse
Marcia and Lee Stewart
Dianne and Craig Sussman
Alyssa Trachtman
Michelle Trachtman
Larry Wolfe
Susan and Jeff Zager

Ben Russ

Congratulations on receiving the 2023 JFS Chesed Award!
Felicia & Ken Anchor
Arlene Averbuch
Jeanne Ballinger and Irwin
Venick
Lynn and David Barton
Sheryl Blechner
Elizabeth and Bryan Blecker
Barbara Chazen
Betsy Chernau
Robin and Mark Cohen
Esther and Roger Cohn
Erin Coleman
Beth and Tommy Ducklo
Jamie and Billy Eskin
Judy and Seth Eskin
Marlene Eskin Moses
Nancy Flexer
Jan and David Fox
Risa Klein Herzog and Drew
Herzog
Jackie Karr
Saul Kelner
Elaine and Gus Kuhn
Leslye and Steve Lapidus
Danielle Mendelson and Will
Kronenberger
Lisa and Arthur Perlen
Marsha Raimi
Johanna Russ
Missy and Phil Russ
Nan Speller

Shirley and Stuart Speyer
Alyse Sprintz
Becky and Dan Sprouse
Caroline and Lee Sprouse
Dianne and Craig Sussman
Alyssa Trachtman
Michelle Trachtman
Larry Wolfe
Susan and Jeff Zager

WEDDING

Chana Tiechtel to Mendel Baron
Gretchen & Randy Goldstein
Suzanne & Jimmy Schulman

HAPPY HANUKKAH

Dianne Berry
Happy Chanukah Grandma Di! Love,
Erin, Greg, Rena, Sari, & Tali

BAR MITZVAH

Sebastian Schneider
Leslye & Steve Lapidus

BAT MITZVAH

Rena Zagnoev
Beth Barnett
Sara Speer Selber

B'NAI MITZVAH

Becky and Robin Warren
Erica Haber

NEW BABY

Lynne & Steve Swedler
Congratulations on the birth of your new granddaughter, Talia Ann!
Leslye & Steve Lapidus

SPEEDY RECOVERY

Larry Averbuch
Leslye & Steve Lapidus

Shelley Averbuch
Leslye & Steve Lapidus

Teri Cohen
Nan Speller

Roger Cohn
Nan Speller

Karol Feldman
Nan Speller

Larry Lubow
Leslye & Steve Lapidus

Kenneth Jacobs
Nan Speller

Stanley Lee
Leslye & Steve Lapidus

Jimmy Schulman
Cathy & Howard Rosenblum
Carol & Roy Smith

Doug Small
Leslye & Steve Lapidus

Kenny Srebnik
Nan Speller

Phil Stoup
Leslye & Steve Lapidus

BIRTHDAY

Terri Cohen's 80th birthday
Arlene Averbuch
Esther & Roger Cohn
Esher Cohn
Doralyn Harris
Sandra Harris
Nancy & Irwin Hodes
Nan Parrish
Judith Royal
Carol Smith
Lisa & Stephen Small
Judy & David Sorin
Nan Speller
Elise & Jim Straus
Martha Templeton
Barbara Turner
Carol & Ronnie Wilker
Lyn Yukon

Arthur Freedman
Rhoda Schulman

Steve Lapidus
Lin & Jay Kayser
Lynne Weinberger & Steve Swedler

Mosh Koch
Rhoda Schulman

Howard Safer's 80th birthday
Melanie & Doug Hirt
Leslye & Steve Lapidus
Elise & Jim Straus

IN MEMORY (Z " L)*

Blossom Averbuch
Charlotte D. Seloff
Leslye & Steve Lapidus

Fannie Leone Barton & Hannah Kayser Palmer
Charles C. Cahn

Steve Bender
Lynn & David Barton

Harold Cohen
Jan Liff
Cathy & Howard Rosenblum

Isabell Cohen
Nan Speller

Robert Cook
Barbara Cook
Diana Cook

Judy Cram
Ronald Soltman

Steve Eisen
Leslye & Steve Lapidus
Brenda & Jerome Rosenblum
Jackie Tepper

Doris Farmer
Leslye & Steve Lapidus

Harris A. Gilbert
Lynn & David Barton
Pam & Saul Kelner
Kim & Brian Lapidus
Cathy & Howard Rosenblum
Nan Speller

Steve Geringer
Melinda & Coleman Geringer

Marcine Goldfarb
Leslye & Steve Lapidus

Joel Gordon
Jan Liff
Nan Speller

Allen Green
Leslye & Steve Lapidus

Diana Greenbaum
Jan Liff

Lois Harad
Rhoda Schulman

Isaac Hanai
Jan Liff
Michelle & Steven Tishler

Joan Harshman
Jan Liff

Patricia Hefter
Barbara & Harvey Olsher

Dotty Jacobs
Lynn & David Barton

Ardis Jacobson
Lynn & David Barton
Pam & Saul Kelner
Leslye & Steve Lapidus

Gus Kuhn III
Nan Speller

Charlotte Lewis
Janet Belser

Diana Lutz
Lorna Graff
Pam & Saul Kelner
Leslye & Steve Lapidus
Jan Liff
Nan Speller
Toby Steinberg

Angelyn Martin
Jan Liff

Mary Markle
Jan Liff

Jack Miller
Lynn & David Barton
Nan Speller

Queenie Miller
Jan Liff

David Oleshansky
Jan Liff
Judy Saks

Marilyn Otis
Joseph Baum

Frank Parker
Leslie & Charles Higgins
Penelope Waller & Wolf-D.
Dettbarn

Barbara & Jay Rittenberg
Evan Rittenberg

Karen Rogers
Jan Liff

Theresa Rugge
Leslye & Steve Lapidus

Rudy Sapersterin
Jan Liff

Alan Sear
Nan Speller

Beverly Silverman
Nan Speller

Janet Wallach
Michael Gross

Sally Wolfe
Lawrence Wolfe

Sally Johnston Woods
Leslye & Steve Lapidus

Marjorie Zager
Jan Liff
Nan Speller

**NANCY GAIL FLEXER
GREATEST NEED FUND**

IN HONOR OF

Sylvia Shepard's Birthday
Rae & Bruce Hirsch

Rae & Bruce Hirsch's 70th Birthdays
Nancy Flexer
Polly & David Roffwarg
Goldie & Mark Shepard

Rae Hirsch's 70th Birthday
Dianne & Brian Berry
Robin & Mark Cohen
Lauren & Michael Cooper
Mimi & Frank Friedman
Linda & Joel Gluck
Gretchen & Randy Goldstein
Heidi & John Hassenfeld
Sandra & Steve Hecklin
Teri & A.G. Kasselberg
Leslye & Steve Lapidus
Judy & Steve Lefkovitz
Patty & Jimmy Marks
Julie & Bob Neaderthal
Ilene & Steve Nedelman
Suzy Perlman
Brenda & Bobby Rosenblum
Cathy & Howard Rosenblum
Suzanne & Jimmy Schulman
Sylvia Shepard
Lisa & Michael Shmerling
Barbara & Larry Speller
Karen & Fred Yazdian
Robyn & Sam Yazdian

IN MEMORY OF

Steven Eisen
Jackie Tepper

**RAE & BRUCE HIRSCH
GREATEST NEED FUND**

Jamie & Jeremy Brook
Robin & Mark Cohen
Adam & Mandy Hirsch
Barbara & Larry Speller
Erin & Greg Zagnoev

In Honor of Rae Hirsch & Ben Russ
Johanna Russ

**TONI JACOBSEN'S
PSALM 102:3 GREATEST
NEED FUND**

Lynn Kanter
Linda McBride
Eileen Wallach

IN MEMORY OF

Janet Wallach
Bobbie & Alex Limor & family

*** Tribute donations received after November 1, 2023 will be included in the next JFS Newsletter.



Stress Less Teen Workshop

Teens today are stressed! The American Psychological Association says teens have been reporting higher levels of stress than adults. In fact, an APA survey showed that teens reported higher levels of anxiety and depression than any other age group. Social media has also contributed to the pressure and stress that adolescents face today.

Always responsive to needs in the community, JFS sponsored programming, in partnership with all the Jewish religious schools, for teens in 8-12 grade. 50 teens explored and learned stress reduction techniques including yoga, journaling, therapeutic art, mindfulness meditation, and guided imagery.

Thank you so much to Courtney Grimes, our participants, facilitators, volunteers and everyone else who made this event successful!



NARCAN Training

JFS hosted a group of professionals who work in Jewish agencies and synagogues to discuss an unfortunate reality - the need for NARCAN training in Middle Tennessee. And although this is something we wished we didn't have to do, we are glad that so many joined us to learn more about what to do when situations arise where it is needed in order to save lives.

JFS partnered with STARS Nashville to provide this training where participants learned about the drug Fentanyl, how to recognize a Fentanyl overdose and were trained how to administer Narcan, the lifesaving drug.

Each agency and synagogue that participated received free Narcan kits for their building.

“One Who Saves a Single Soul Saves an Entire World”
~ Sanhedrin 37a ❤️



Since launching the Life & Legacy program, the following people have signed a letter of intent indicating they will leave an after-lifetime gift to Jewish Family Service. We are so appreciative of their commitment to ensure that JFS will be around for another 167 years serving the needs of the community.

If you would like to have a conversation regarding your Legacy, please contact either Pam Kelner, JFS Executive Director, at 615.354.1644 or Sandra Hecklin, JFS Team Leader, at 615.356.3473.

Theresa and Kevin Alexandroni
Felicia and Ken Anchor
Larry Averbuch
Richard Barnett
Lynn and David Barton
Didi and Brian Biesman
Jamie and Jeremy Brook
Starlet Burney
Robin and Mark Cohen
Terry Z. Cohen
Renette (z"l) and Abe (z"l)
Corenwett
Mary Cornelius and Elaine Taubin
Erin Coleman
Melissa and Norman Davis
Karen Dotter
Jill and Dan Eisenstein
Annette Eskin
Andrea and Kevin Falik
Nancy Flexer
Lisa and Rick Forberg
Nili Friedman
Harris Gilbert z'l
Natalie Glazer
Cindee and Michael Gold
Bernie Goldstein z'l

Bernice and Joel z'l Gordon
Robert Gordon
Reta Guttman z'l
Heidi and John Hassenfeld
Rachel Hauber
Sandra and Steve Hecklin
David Heller
Reva and Gene z'l Heller
Toni and Dick Heller
Rae and Bruce Hirsch
Melanie and Doug Hirt
Mary Loventhal Jones
Jackie Karr
Pam and Shaul Kelner
Leslie and Howard Kirshner
Ruth Klar
Glenda and Lee Kraft
Roslyn Landa
Valerie and Adam Landa
Leslye and Steve Lapidus
Jan Liff
Diana z'l and Shelly Lutz
Patty and Jimmy Marks
Bonnie and Robert Miller
LaQuita Martin and Richard Orland

Suzy and Stewart Perlman
Elaine z'l and Frank z'l Parker
Daniella Pressner & Rabbi Saul Strosberg
Edria and David Ragosin
Marsha Raimi
Esther and Steven Remer
Evan Rittenberg
Marissa and Ben Russ
Arlene and Howard Safer
Stan and Marco Fernandez-Schklar
Suzanne and Jimmy Schulman
Goldie and Mark Shepard
Lisa and Mike Shmerling
Elise Small
Nan Speller
David Steine Jr.
Cindy Stone and Mark Glazer
Laura Thompson and Yuri Livshitz
Alyssa Trachtman
Michelle Trachtman
Katie and Adam Wayne
Karen and Howie Weil
Erin and Greg Zagnoev
Anonymous (5)

*names noted *in teal* have formalized their gift

A Story of Community

Read more from Gary Rosenblatt about the work being done by the Nashville Community to welcome Israeli evacuees and celebrate Jewish culture at garyrosenblatt.substack.com/p/southern-comfort ❤️



Ways to Give

BE SOMEONE WHO GIVES HOPE.

Generous community support provides indispensable funding for all Jewish Family Service programs and services, ultimately improving the lives of the 1,700+ clients we serve every year. There are so many ways to help:

Restricted or Unrestricted Giving: Every contribution helps make a tangible difference in the lives of those who need it most. “Unrestricted” donations support the full range of programs and services – allowing us to direct funds to the greatest need – and to support our operating costs. As a donor, you can also “Restrict” the gifts to specific programs or services that have special meaning.

Memorial and Tribute Gifts: When your gift is a “tribute” for a special occasion, or in honor or memory of someone special, you get the satisfaction of giving a truly meaningful gift and we take care of sending the card.

Auto Donations: JFS partners with Charitable Auto Resources to accept donations of automobiles, boats and motorcycles. Net proceeds go to help support our programs and services. To donate, please call 877.537.4227.

Life & Legacy: See Page 10!

Volunteering: Volunteers are a vital part of how JFS supports our clients. By giving their time, energy and experience, JFS volunteers provide a helping hand to our staff, isolated seniors and others in our community.

Kroger Plus Card: Now it’s easier than ever to support JFS while shopping at Kroger! Just follow these easy steps:

1. Go to **kroger.com** and **SIGN IN** or **CREATE AN ACCOUNT**
2. Click on Savings and Rewards near the top of the page
3. Scroll down to **Kroger Community Rewards**
4. Scroll to the “I’m a Customer” box and “view details”
5. In the **Search** bar, **TYPE** in “Jewish” (or #YR766)
6. Select “Jewish Family Service” ❤️

jfsnashville.org/ways-to-help

Heart of the Matter

Continued from page 1

individuals wanted, we offered free counseling sessions related to the war, we offered a Beads for Israel program, support groups and a planned interactive art project. JFS is no stranger to disaster responses, but this was personal. This one brought us to our knees, left us speechless for a moment and has left a scar on our hearts.

In addition to caring for the Nashville Jewish community, we opened our hearts and resources to Israeli evacuees. JFS arranged kosher food, housing, transportation, medical care and provided social and emotional support for Israelis passing through and Israelis staying for a while. As social workers, we had the privilege of interacting with the evacuees in basic but meaningful ways to help provide a place of refuge for the time being.

A few of my favorite moments have been seeing pictures of Israeli children smiling and having fun with donated art boxes from Eileen Wallach, hearing the excitement from a relative as I tell him the teenager he is caring for can join in sports with

JMS and Kehilla, hearing the relief from a family who just received a new refrigerator we were able to purchase at a reduced rate from Electronic Express and can now store a week’s worth of groceries for their large family and the moments when someone entrusts you with their experiences and feelings about the war and you can see their burden become a little lighter as we listen to every word. It’s all about making connections with Jews in a time of need and connecting them with the community whenever possible.

For the next few months, you will hear from various staff at JFS about the work we have been doing since the war began in more detail. Being the Clinical Director, puts me in the prime position of watching all the love and support our community has to offer each other whether it be a local resident or a brother/sister from Israel.

Joni ❤️



Jewish Family Service

Jewish Family Service of Nashville
and Middle Tennessee
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Nashville



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Who We Are

Serving Nashville Since 1853

Jewish Family Service of Nashville and Middle Tennessee, Inc. is an independent 501(c)(3) organization whose mission is to provide professional social services from Jewish perspectives which respond to and support individuals and families through life's transitions.

Passionate providers of comprehensive social services, we are advocates, allies, educators, cheerleaders, and guides who create solutions to problems facing families and individuals of all ages. We are a collective of social workers, volunteers, generous supporters, compassionate hearts, spirited and spiritual human beings.

We are one of the oldest social service agencies in Nashville, but that doesn't mean we are stagnant. We are constantly evolving to meet the changing needs of the people we serve. Above all, we never cease finding new ways to enrich, enhance, and empower the lives of those in need of help.

“One who saves a Single Soul Saves an Entire World.”
Sanhedrin 37a

Navigating Life's Transitions. Together.