



# L'dor V'Dor: 3 generations giving back to the community together

he Hanukkah gift program began in 1993 when JFS served 4 children with one organization, Sow and Grow, buying all the gifts. The program has evolved into a communal effort with 29 children being served with 4 organizations and 48 individuals purchasing the "wish list" gifts. The Nashville Jewish community always rises to the occasion of helping someone in need.

The Hirsch/Zagnoev/Brook family has made this program the centerpiece of giving back to the community. This story is written by Rae and Bruce Hirsch with their daughter and granddaughter adding their perspectives:

When we first heard about the JFS Hanukkah program, we eagerly went out and purchased Kroger gift cards to help families in need. Little did we know that this small act of kindness would become a yearly tradition for our entire family! Erin Zagnoev agrees, "This has become part of our family's story. This is no longer just something we might do each year. It is something we will do each year. It helps our children learn the importance of giving back, especially at a time of year where they are lucky to receive gifts. It is hands on which helps our children understand the program."

The following year, we realized

"Doing a good deed makes my heart feel good! It always feels good to do a mitzvah. I also like thinking about the person we are helping and how it will make their Hanukkah lucky like my Hanukkah will be." – Rena



Rae Hirsch shopping with Rena, Anna and Sari

two of our grandchildren were old enough to understand the meaning of "Tzedakah." We discussed with Rena, Anna, and their parents, our thoughts of not giving each other Hanukkah gifts one night, but rather buying gifts for children who were not going to be able to open presents for Hanukkah, because their parents could not afford them. Rena and Anna were enthusiastic, jumped at the opportunity and wanted to go with us to shop! Each girl picked out items that had been assigned to our list which was the most fun for them. Erin adds, "JFS does a great job of matching our family with a child close in age to our children. Our kids love helping someone who has similar interests. They know what other kids their age like and they love what they pick out to give."

The next year Rena and Anna reminded us that it was time to go shopping for JFS, and they eagerly recruited Sari to join. Rena adds, "Going with my grandparents and my cousins to shop and deliver is really special to me. I look forward to it each year. It is a special time for our family to be together doing something important for someone else. I feel so much love being a part of this. I love that each time we go another cousin is old enough to join us. It is fun to teach my cousins about this program."

Toni Jacobsen and Pam Kelner had the wonderful idea of letting the girls bring the gifts to the JFS office, where they participated in placing each gift into the designated station which had been secretly labeled for each recipient. It was quite eye opening to visualize the scope of this project for both of us, as well as our grandchildren. Erin adds, "To me this is the most important part. Coming to JFS and working with Toni and Pam

L'dor V'dor continued on page 5





#### **Executive Committee:**

Nan Speller President

2

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Ben Russ Past-President

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Pam Kelner Executive Director

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Anna Sir Helping Hands Coordinator

Janet Parr Senior Administrative Coordinator

Roslyn Landa Controller

Brad Kay Marketing Director



22 of JFS's past Chesed honorees

#### Dear Friends,

It is a great honor and privilege for me to serve as President of Jewish Family Service. My roots in the Nashville community date back as many years as JFS is old. I have seen the agency grow from one professional to now three professionals providing direct social services. The agency has grown to serving over 1600 clients through 17 different programs.

Our history shows that we began with helping settle immigrants, servicing the needy and helping Jewish families adopt when they had no other place to turn to. We now have our own adoption agency, Adoption Journeys. We not only help Jewish couples in their quest to adopt but also the general community which includes other groups who, if not for JFS, would not be served such as the LGBT community. JFS has evolved into a full social service agency with a spectrum of services.

One of the aspects that I admire most about JFS is when our staff sees a need in the community we are ready to spring into action to address that need. Our most recent example of that is the Chaver (friend) Mentor program. Our social workers noticed that there are more and more children in the Jewish community who are being raised in non-traditional families, whether that be a single parent, by a relative such as grandparents or children who could benefit from additional adult support. The Chaver Mentor Program is designed to



# JEWISH FAMILY SERVICE

Nan Speller being installed as JFS President.

emphasize one-on-one relationships between a Jewish adult and these very children. JFS—seeing a need in the community and creating a program to address it. That is how we operate.

We could not continue all of our programs or add new ones without your support, monetarily, or from our volunteers – a big THANK YOU.

We look forward to a wonderful year.

Nan E Spiller

Nan Speller JFS Board President



# **Our Honorees of the Year**



Chesed Award Recipients: Sandra Hecklin and Larry Hyatt





Diana Lutz accepting the Ruach Award



Ben Russ presenting his dad, Phil Russ, with the Chaver Award

# Highlights of 2018-19

Jewish Family Service's core services and programs:

(statistics are July 2018-June 2019)

In total - over 1600 clients were served by JFS

Adoption 24 people served Case Management 3 people served Counseling 97 people served Emergency Financial Assistance 17 people served Family Life Education 185 people served Golden Lunch Bunch 60 seniors served Hanukkah Gift Program 114 individuals served Healthy Skills for Healthy Kids 29 children served Helping Hands Volunteer Initiative 340 seniors served Helping Hands Music Program 11 people served Information and Referral 477 people served Jewish Job Network 51 job seekers served Kosher Food Boxes 39 individuals served Low-vision Program 5 individuals served Opening Minds Through Art 6 people served Rosh Hodesh: It's a Girl Thing! 17 tween and teen girls served Senior Seder 42 seniors served School Supplies 21 people served

Support Groups 11 individuals served

### A year of new programs and education

**Safe Cooking Made Simple - 100 seniors.** JFS staff recognized that not all seniors can or want to cook anymore due to safety issues and the hassle of cooking for one or two people. We worried if our seniors were getting enough nutrition to maintain their health and wanted to come up with a better solution to preparing healthy meals safely. A group of volunteers that shared our concerns helped to create this cookbook. All recipes are easy and cooked in the toaster oven, slow cooker and microwave. If you are a senior and want a cookbook get in touch, we have more copies!

**Count It! Lock It! Drop It! - 37 individuals.** Caty Davis, Miss Tennessee 2017 educated on the importance of keeping track of your medicines so that you don't become an "accidental drug dealer". See page 4 for more details

**Low-vision Educational Program - 40 individuals.** Monica Saylor, a low-vision orientation and mobility specialist with the VA educated our seniors on ways to improve the safety of their homes, the effects of different diseases and how to assist those with low-vision. JFS had a display of different low-vision aids.

A third edition of the **"JFS Directory of Services for Seniors"** was published and mailed to the entire community, thanks to an New Initiative grant from the Jewish Federation. It features over 80 resources including housing, transportation, social activities and volunteer opportunities. The guide can also be downloaded at www.jfsnashville.org.



# Count it! Lock it! Drop it! with Caty Davis

f you have prescription drugs and aren't careful, you might be an accidental drug dealer. Recent data show that seventy percent of opioid

addicts got their start out of a family or friend's medicine cabinet. In addition, Tennessee is 13th in the nation for

in the nation for overdose deaths. Caty Davis,

Miss Tennessee 2017 and Goodwill Ambassador for Count it Lock it Drop it, spoke to our community on May 29th



Benny is the lucky winner of a lock-box, pictured with Caty Davis.

at the Gordon Jewish Community Center. She discussed the Opioid Crisis in Tennessee and provided a plan to help people avoid accidentally contributing to the problem:

- Count your pills every two weeks
- Lock and store medications in a secure place
- And dispose of unused or expired meds at drop boxes or during take-back events.

Caty's platform has a personal meaning for her. She lost both her brother and father to opioid addiction. She has since turned this tragedy into a passion to educate people about the opioid crisis and safe disposal of medication.

The presentation was a Family Life Education program brought to you by Jewish Family Service. We are committed to bringing awareness to our community about important issues such as the opioid epidemic and providing education about prevention and treatment. Call us and we can help answer any questions about storage or disposal or if you are in need of counseling. •

# New Employee Spotlight: Brad Kay

Brad Kay is the Director of Marketing for Jewish Family Service. He joined the team in October 2019.

#### How exciting to be the first marketing expert at JFS! Why did you decide to join the team?

Non-profits like JFS have to be able to create awareness around their many programs so that people know what services are available to support their needs. This is such a communitycentric organization, and I'm excited to work on initiatives to help spread the word about what JFS does.

### What kinds of things do you work on at JFS?

Anytime there's an opportunity to talk about what JFS does, I'll be involved. We want to increase community awareness and social engagement around JFS so that more people take advantage of our services. There are underserved populations in our community that we can help, and to do that they need to know we exist. It's critical for us to highlight our capabilities to effectively serve a wide variety of populations: from kids to teens to seniors. On the other side, we rely on the support of generous donors to be able to do what we do. Part of my job is to ensure donors, future donors and volunteers are aware of what we're doing so they can continue to support us. The scope of services provided by JFS is large and there are many reasons to contribute and opportunities to serve.

# What is your professional background?

I have 15+ years of experience in the New York City advertising, marketing, and technology world. I've worked with Fortune 500 companies in diverse industries such as Telecom, Automotive, Consumer Goods, Finance and Pharmaceuticals. I got my start, however, performing a year of national service with AmeriCorps NCCC. We were commissioned to work with schools, the National Forest Service and local city governments; this was a year-long program that I



Brad Kay

did right out of college and it really ignited my passion for giving back.

## What attracted you to come work at Jewish Family Service?

Jews! I'm passionate about Jewish issues, and working with JFS gives me an opportunity to combine my marketing experience with my roots in community service. Before I took this job, however, I had no idea how much JFS was doing for those in need in the Nashville Jewish community - even though I characterize myself as involved in the community. I think there's a great opportunity for younger Jews and organizations like JFS to connect with each other. It seems that a lot of the 20- to 30-something crowd is passionate about social action, but they may not know that their own community needs their time and money. I hope to see this change over time and am excited to work on initiatives to make that happen.

#### Tell us about yourself outside of work.

My wife, Jen, and I have two young kids (an almost three-year-old and an eight-month-old). Before we moved to Nashville in 2016 we lived in Berlin, Germany; and before that we were in Brooklyn. I love to travel and listen to music and go camping. Recently, I've become an expert fort builder and make the best kid-friendly smoothies in town. We also try hard to create warm Jewish traditions for our family.



# Nashville's Rabbis on How JFS Brings the Jewish Community Together

During the busy holiday season, it's easy to focus on the Amazon Wishlists of our loved ones and forget about the have-nots in our community whose only wish is to have their basic needs met. And while rabbis are busy serving as the spiritual leaders of their congregations, they also work on the front lines in the battle against poverty, hunger, addiction, mental health issues, social isolation and other challenges in our community. Read on to hear how JFS has directly impacted their congregations — and strengthened the Jewish community in Nashville.

# What comes to mind first when you think of JFS?

Helping people. JFS is often someone's last line of defense before they fall below the poverty line. I think of the social services JFS provides, supporting individuals and families. — Rabbi Flip Rice

I think of how our community takes care of everyone and how JFS brings people from all backgrounds and walks of life together. It is the true community unify-er, in its own quiet, modest and dignified way. — Rabbi Saul Strosberg

#### What challenges are facing our community that you think people should be more aware of, for example addiction, isolation, poverty, etc.?

Yes, all of those issues are important but usually unaddressed. Part of the challenge ahead of us will be to continue building safe frameworks that will allow people who struggle with addiction. isolation and other issues to come forward without feeling that they are being exposed or adding another layer of risk to their already vulnerable situation. Creating this framework should require the Jewish community as a whole having conversations about the issues as well. I hope JFS can lead the way in creating the conditions for these conversations to occur. - Rabbi Joshua Kullock

Because families are so spread out, and because a lot of the leadership and support comes from families who are well connected, people don't always realize just how many others in our community are alone — and everything that entails. — Rabbi Saul Strosberg



Rabbi Saul Strosberg with Helene Rothchild

#### Which JFS program do you feel has been especially helpful to the community at large or to your congregation?

I know people from West End Synagogue who have been positively affected by JFS programs. I know how important the Rosh Chodesh program for girls has been for some of our teenagers and I've seen first hand the impact of the Passover Senior Seder, in some of our own seniors attending every year. I've seen how good these programs are, not only for the beneficiaries but also for those who are tapped to be mentors to others. — Rabbi Joshua Kullock

JFS has literally saved the life of one individual I am thinking about. Not just once. — Rabbi Saul Strosberg

#### Do you feel that JFS has helped you become more aware of what the community may need?

It has helped broaden my understanding of and sensitivity towards some of the challenges people are facing and some of the opportunities that we have to help. — Rabbi Saul Strosberg

#### Thank you to:

Rabbi Flip Rice, Congregation Micah Rabbi Joshua Kullock, West End Synagogue

Rabbi Saul Strosberg, Sherith Israel

## L'dor V'dor

#### continued from page 1

makes it real. It builds it from the one child we are helping to the idea of helping the community. The JFS staff sees this learning opportunity as being as important as serving the children in the program. By educating my children we are building for a strong future. I feel that this experience will stay with my girls always and I can only hope that it will shape them into the community leaders that my parents, my siblings and I strive to be."

We plan to continue this wonderful tradition with our children and grandchildren, for many years to come, and we hope that the impact of this one small "Mitzvah" will become ingrained into their lives forever. Mission accomplished, Rena describes what the program means to her, "Doing a good deed makes my heart feel good! It always feels good to do a mitzvah. I also like thinking about the person we are helping and how it will make their Hanukkah lucky like my Hanukkah will be." •

"This has become part of our family's story. This is no longer just something we might do each year. It is something we will do each year. It helps our children learn the importance of giving back, especially at a time of year where they are lucky to receive gifts." Jewish Family Service is grateful to the families and individuals who participate in our ongoing Tribute program. It is a wonderful way to honor special people in your life and, at the same time, help fund the vital programs of JFS.

#### **IN HONOR**

Ruth Alexander Thank you! Sandy Schwarcz

#### Felicia & Ken Anchor

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Amy Barton & Ashby Parsons

Lynn & David Barton

#### Dr. David Barton

Congratulations on being inducted to the Tennessee Health Care Hall of Fame! Pam & Saul Kelner

#### **Brian Berry**

The completion & dedication of the Torah Scroll! Ellen Dansky Pam & Saul Kelner Suzanne & Jimmy Schulman

#### Julie & Frank Boehm

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Nancy Flexer

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Sandra Hecklin

Congratulations on receiving the 2019 JFS Chesed Award! Vandana & Rick Abramson Arlene & Jerry Averbuch Jessica & Sam Averbuch Larry Averbuch Lynn & David Barton Julie & Frank Boehm Kathryn Calhoon Betsy Chernau Robin & Mark Cohen Julie Eskind & Andrew Galbierz Nancy Flexer Linda & Steve Geringer Lynn & Scott Ghertner Linda & Joel Gluck Risa & Drew Herzog Hillary & Mark Kaplan Pam & Saul Kelner Diane & Irwin Kuhn Virginia & Stanley Kweller Leslve & Steve Lapidus Jennifer & Jay Lefkovitz Barbara G. Levy Sonje & Jackiel Mayo Suzy & Stewart Perlman Gracie Porter Debi & Charles Robin Carolyn & Barrett Rosen Marissa & Ben Russ Alexis & Shawn Schlessel Sylvia Shepard Carol & Roy Smith Teri Sogol Patti & Robbie Soskin Nan Speller Gloria & Paul Sternberg Marcia & Lee Stewart Daniella Pressner & Rabbi Saul Strosberg Dianne & Craig Sussman Laura & Afshin Yazdian Karen & Fred Yazdian Robyn & Sam Yazdian

#### Sandra & Steve Hecklin

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Larry Hyatt

Congratulations on receiving the 2019 JFS Chesed Award! Lynn & David Barton Sandra & Donald Cochran Robin & Mark Cohen Faith & Ron Galbraith Risa & Drew Herzog Pam & Saul Kelner Diana & Jeremy Landa Leslye & Steve Lapidus Rabbis Laurie & Philip Rice Marissa & Ben Russ Nan Speller Daniella Pressner & Rabbi Saul Strosberg Lou Anne & Richard Wolfson Gina & Michael Zylstra

#### Howard Isaacs

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Mary L. Jones

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Pam Kelner

Congratulations on being named one of the Nashville Business Journal's 2019 "Women of Influence"! Rae & Bruce Hirsch Diana & Sheldon Lutz

#### Jan Liff

Nan Allison & Paul Lucks

#### Carolyn Lowen

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Diana Lutz

Congratulations on receiving the 2019 JFS Ruach Award! Kathryn Calhoon Ash Gerecht Pam & Saul Kelner Carol & Roy Smith

#### Patty & Jimmy Marks

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Lynne & Rodney

Rosenblum Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Phil Russ

Congratulations on receiving the 2019 JFS Chaver Award! Sheryl Blechner Pam & Saul Kelner Carol & Roy Smith

#### Arlene Safer

*Thank you!* Sandy Schwarcz

#### Goldie & Mark Shepard

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Lisa & Stephen Small

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Teri Sogol

Thank you for your work on Adoption! Maris M. Salas

#### Nan Speller

Congratulations on becoming the New JFS President! Arlene & Jerry Averbuch Larry Averbuch Linda & Melvin Schlanger Sandy Schwarcz Carol & Roy Smith Elise & James Straus

#### Judy Stillman

Thank you for making Katie & Michael's wedding weekend so special! Carol & Roy Smith

#### Jackie Tepper

Congratulations on receiving the NCJW Hannah Solomon Award! Cindee & Michael Gold

#### Shirley Zeitlin

Congratulations on receiving the 2018 Jewish Federations President's Award! Cindee & Michael Gold

#### IN APPRECIATION

Dan Eisenstein Marci Rosenblum & Greg Adams

#### Harris A. Gilbert Lynn & David Barton

#### Adam Hirsch

Thank you for producing the JFS Senior Seder video! Pam Kelner

#### Diane Rudner

Thank you for your presentation at the Argent Trust Celebration! Argent Trust

#### Anna Sir

Thank you for always making the Golden Lunch Bunch such a special event for seniors! Janice Krohn

#### GRADUATION

Lori & Brad Fishel Congratulations on Scott's Graduation & Master of Business Administration Degree from Vanderbilt! Carolyn & Larry Levine

#### **NEW HOME**

Leah & Larry Berman Lynne & Rodney Rosenblum

#### HAPPY HANUKAH!

Dianne Berry Wishing you, "Grandma Di", a Happy Hanukkah! Erin, Greg, Rena, Sari & Tali Zagnoev

Canter Tracy Fishbein Thank you for all that you do! Cindee & Michael Gold

Rabbi Joshua Kullock Thank you for all that you do! Cindee & Michael Gold

Canter Sarah Levine Thank you for all that you do! Cindee & Michael Gold

Canter George Lieberman Thank you for all that you do! Cindee & Michael Gold

Rabbi Shana Mackler Thank you for all that you do! Cindee & Michael Gold

Rabbi Laurie Rice Thank you for all that you do! Cindee & Michael Gold

Rabbi Flip Rice Thank you for all that you do! Cindee & Michael Gold

Rabbi Mark Schiftan Thank you for all that you do! Cindee & Michael Gold

Rabbi Michael Shulman Thank you for all that you do! Cindee & Michael Gold

Lisa Silver Thank you for all that you do! Cindee & Michael Gold

Rabbi Saul Strosberg Thank you for all that you do! Cindee & Michael Gold

#### Rabbi Yitzchok Tiechtel

*Thank you for all that you do!* Cindee & Michael Gold

#### HAPPY NEW YEAR!

Barry Wilker & David Ellis Wishing you a Healthy & Happy New Year! Arlene & Howard Safer

#### **BAR MITZVAH**

Leslye & Steve Lapidus In honor of Max Lapidus' Bar Mitzvah! Elise & Jim Straus

#### MARRIAGE

Teri Sogol Congratulations on the marriage of your son, Brian Sogol to Scott Hillier! Carolyn & Larry Levine

#### ANNIVERSARY

Ellen & Michael Levitt Nan Speller & Larry Averbuch

#### SPEEDY RECOVERY

Felicia Anchor Arlene & Howard Safer Nan Speller

Michael Gryll Diana & Shelly Lutz

Tom Loventhal Nan Speller

Danielle Mendelson Pam & Saul Kelner Robin & Mark Cohen

Larry Pass Leslye & Steve Lapidus

Cathy Rosenblum Robin & Mark Cohen Leslye & Steve Lapidus

Stephen Small Arlene & Howard Safer

Sally Wolfe Nan Speller

Barry Zeitlin Nan Speller

#### BIRTHDAY

Larry Berman (90th) Lynne & Rodney Rosenblum

Brian Berry Robin & Mark Cohen

Dianne Berry Wishing you a Happy Birthday, "Grandma Di"! Erin, Greg, Rena, Sari & Tali Zagnoev

Jill Eisenstein Larry Averbuch

**Brayden Falik** Happy 3rd Birthday! Betty Kirshner Meryl & Keith Kraft

Leo Falik Happy 1st Birthday! Betty Kirshner Meryl & Keith Kraft

Bob Ginsberg Leslye & Steve Lapidus

Michael Gold Carol & Roy Smith

Mary Jones (70th) Jill & Dan Eisenstein Barry Wilker & David Ellis

Pam Kelner Meryl & Keith Kraft Patty & Jimmy Marks

Tom Loventhal Jill & Dan Eisenstein

**Evelyn Solin (101st)** Janice Krohn Kathy Krohn

Jimmy Small Lynn & David Barton

Nan Speller Louise & Ted Pailet

#### IN MEMORY (Z " L)\*

Gerald Anchor Mary L. Jones Carol & Roy Smith

Jerome Averbuch Pam & Saul Kelner Leslye & Steve Lapidus Carolyn & Barrett Rosen Nan Speller Barbara S. Turner Sandy Averbuch Fran & Robert Lenter

Katherine Bauer Leslye & Steve Lapidus

Suzanne Brandes Lisa & Michael Shmerling

Florence Brody Leslye & Steve Lapidus

Joseph & Gerry Burstein Linda & Michael Doochin

Rachel Chojnacki Leslye & Steve Lapidus Nan Speller

Malcolm Coleman Elise & James Straus

Beth Drayer Cindee & Michael Gold

Robert D. Eisenstein Lisa & Michael Shmerling

Angaila Essig Leslye & Steve Lapidus

Eugene Fleischer Fran & Robert Lenter

James Flexer Lynn & David Barton Luci Crow & Kenneth Kraft Kim & Brian Lapidus Carolyn & Barrett Rosen Lisa & Michael Shmerling

Gilbert S. Fox Leslye & Steve Lapidus Nan Speller

Evelyn Goldberg Carolyn & Larry Levine

Raye Ann Greenbaum Fran & Robert Lenter

Shirley Greenfield Lisa & Michael Shmerling

Nancy Heyman Jan Liff

Eli West Jacobs Lisa & Michael Shmerling

Richard Jacobson Tara & Benjamin Goldberg Pam & Saul Kelner Leslye & Steve Lapidus 🕥 continued from page 7

Herman Kaplan Lisa & Michael Shmerling

**Tobi Kaplowitz** Lynn & Art Fleischer Leslye & Steve Lapidus Nan Speller

Tina Kraft Pam & Saul Kelner Nan Speller

Lewis Lavine Lisa & Michael Shmerling

Charlotte Kamsky Lewis Janet Belser

Morton Malkofsky Jan Liff

Leon May Lynn & David Barton Robin & Mark Cohen Pam & Saul Kelner Nan Speller

Eugene Pargh Luci Crow & Kenneth Kraft Lisa & Michael Shmerling

Dr. Lawrence Pass Leslye & Steve Lapidus Carolyn & Larry Levine Diana & Shelly Lutz

Gary Jay Posner Pam Kelner & Roslyn Landa

Ida Rapoport Sophie Rapoport & Joshua Barton

Grace Rincones Nan Speller

Eleanor Russell Pam & Saul Kelner Lorraine & Dane Raven

Inna Sanovich Jan Liff

Maxine Schaefer Marisa & Michael Mayhan

Edith Schiftan Lisa & Michael Shmerling

Engelina Shinkarev Debra & Mark Wolraich Dr. Manuel Sir Leslye & Steve Lapidus Jan Liff Nan Speller Cathy & Howard Rosenblum Janet & Rami Weismark

Matt Sloan Anne & Larry Evans

Charles R. Sprintz Pam & Saul Kelner Leslye & Steve Lapidus Carolyn & Larry Levine Jan Liff Carol & Roy Smith Nan Speller Janet & Rami Weismark

Alvin Stillman Fran & Robert Lenter Lisa & Michael Shmerling

Ann Stillman Lynn & David Barton Luci Crow & Kenneth Kraft Fran & Robert Lenter Lisa & Michael Shmerling Nan Speller

Howard Tepper Arlene & Howard Safer

Doris Vise Carolyn & Larry Levine

**Joyce Raines Adair White** Mary L. Jones Pam & Saul Kelner

Julian "Bud" Zander Lynn & David Barton Lisa & Michael Shmerling Nan Speller

#### IN MEMORY OF LAYLANI ROSE TAMKIN

David Goldberg Jeanne Lund Ceil Mattingly

#### Toni Jacobsen Psalm 103.2 Greatest Need Fund

Lisa Thrall & Thanasis Papaioanu Janet & Eileen Wallach.

\*\*\* Tribute donations received after November 13, 2019 will be included on the next JFS Newsletter.

\* (Z " L) - Of Blessed Memory





Since launching Life and Legacy the following people have signed a letter of intent indicating they will leave an afterlifetime gift to Jewish Family Service. We are so appreciative of your commitment to ensuring that JFS will be around for another 166 years serving the ever changing social and economic needs of the community.

If you would like to have a conversation regarding your Legacy, please contact Pam Kelner at 615-354-1644

Anonymous (5) Theresa and Kevin Alexandroni Felicia and Ken Anchor Larry Averbuch **Richard Barnett** Lynn and David Barton Jamie and Jeremy Brook Starlet Burney Robin and Mark Cohen Mary Cornelius and Elaine Taubin Erin Coleman Karen Dotter Andrea and Kevin Falik Nancy Flexer Nili and Eitan Friedman Harris Gilbert Cindee and Michael Gold Bernie Goldstein Bernice and Joel Gordon **Robert Gordon** Reta Guttman Heidi and John Hassenfeld **Rachel Hauber** Sandra and Steve Hecklin David Heller **Reva and Gene Heller** Toni and Dick Heller Rae and Bruce Hirsch Melanie and Doug Hirt Mary Loventhal Jones Jackie Karr Pam and Saul Kelner Leslie and Howard Kirshner

Ruth Klar

Glenda and Lee Kraft Roslyn Landa Valerie and Adam Landa Leslye and Steve Lapidus Jan Liff Diana and Shelly Lutz Patty and Jimmy Marks LaQuita Martin and Richard Orland Suzy Perlman Daniella Pressner and Rabbi Saul Strosberg Edria and David Ragosin Esther and Steven Remer Evan Rittenberg Marissa and Ben Russ Arlene and Howard Safer Stan and Marco Fernandez-Schklar Suzanne and Jimmy Schulman Lisa and Mike Shmerling Elise Small Nan Speller David Steine, Jr. **Cindy Stone and Mark** Glazer Laura Thompson and Yuri Livshitz Alyssa Trachtman Katie and Adam Wayne Erin and Greg Zagnoev

BLUE indicates that the gift has been formalized Listing as of 11/12/19



Jimmy and Beverly Small with Golden Lunch Bunch volunteers and JFS staff

# **Golden Lunch Bunch Celebrates** Jimmy Small's 90th Birthday

e learn that the number 18 (chai) means TO LIFE! How appropriate that the Golden Lunch Bunch (GLB) is currently in its eighteenth year. In this spirit, this partner program between Jewish Family Service and The Temple recently celebrated the 90th birthday of Jimmy Small, who along with his wife Beverly, generously funds the lunch. Those at the GLB lunch enjoyed a lively musical production from Cantor Tracy Fishbein and Russ Davis highlighting many of the notable contributions of Jewish composers to the Broadway stage.

The birthday boy had a great time and said his interest in the program was sparked when his own mother Babe Small was an active member. For Jimmy, these lunches fulfill his own passion "...for helping to provide additional social services for our senior adults however I can."

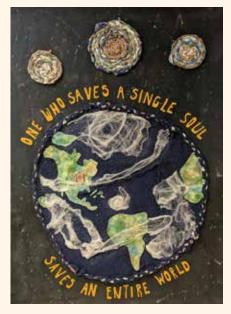
The group meets on the 1st and 3rd Tuesday of each month and affirms the idea of TO LIFE! by creating a community of friends who get together to schmooze, learn, celebrate and make new traditions. Whether someone is a Nashville native or new to the area, all are welcome to enjoy the musical entertainment, games like bingo and trivia, and catered lunch from some of our seniors' favorite restaurants.

The Golden Lunch Bunch is always happy to welcome new faces and you do not have to be a Temple member to attend. If you have any questions call Anna Sir 615-354-1686 or helpinghands@jfsnashville.org

#### **Upcoming dates:**

December 3: Nancy & Larry Mechem December 17: Hanukkah Party with Lori & Dennis Scott





### Gordon JCC's Under One Roof collaborative art project

Jewish Family Service was honored to participate in Gordon JCC's Under One Roof collaborative art project. Here is our panel and artist statement based on this year's theme of Tikkun Olam, Repair of The World:

One Who Saves a Single Soul Saves an Entire World

~ This passage from the Talmud (Tractate Sanhedrin 37a) epitomizes how we at Jewish Family Service approach our work. Every day we provide social services to individuals, couples and families which improve and enhance their lives-one person, one soul at a time. Imagine an isolated senior being visited through our Helping Hands program. Imagine an out-ofwork community member being served holistically: financial and food assistance, help to find new employment, school supplies and Hanukkah gifts for their children.

The Talmud teaches that each person is an entire world. Any repair (*tikkun*) made in that world reverberates through all the rest





# JEWISH FAMILY SERVICE GRIEF SUPPORT GROUP

Meetings are held on the first and third Fridays of each month from 1-2:15pm at the Gordon JCC. Join with others to share feelings, thoughts, coping strategies, and to learn about the grief process.

### **CONTACT:**

Ashley Franklin, LMSW 615-354-1662 Toni Jacobsen, LCSW 615-354-1672





# JFS OF NASHVILLE AND MIDDLE TENNESSEE

SUPPORTING OUR COMMUNITY ONE CHILD, ONE ADULT, ONE FAMILY AT A TIME



# Be someone who gives **hope**

Generous community support provides indispensable funding for all Jewish Family Service programs and services, ultimately improving the lives of the 1600+ clients we serve every year.

#### So many ways to help

#### **Restricted or Unrestricted**

**Giving:** Every contribution helps make a tangible difference in the lives of the people who need it most. "Unrestricted" donations support the full range of vital programs and services – allowing us to direct funds to where the need is greatest – and to help support our operating costs. As a donor, you can also "Restrict" the gifts to specific programs or services that have special meaning to you.

Memorial and Tribute Gifts: When your gift is a "tribute" for a special occasion, or in honor or memory of someone special, you get the satisfaction of giving a truly meaningful gift and we take care of sending the card. Your gift will be acknowledged in accordance with your instructions, and the gift amount will not be disclosed unless you request it.

Auto Donation Program: JFS partners with Charitable Auto Resources to accept donations of automobiles, boats and motorcycles. The net proceeds of the sale of your vehicle go to help support our programs and services. To donate, please call 877-537-4227 or visit http:// www.jfsnashville-cardonations.org/

Life and Legacy: Including JFS in your estate plans enables you to support those programs that are most important to you and to leave a lasting legacy while retaining control of your assets during your lifetime. Giving options include bequests, named endowment funds, naming JFS as your retirement plan beneficiary, charitable remainder trusts, charitable lead trusts, and stocks. You may also use a life insurance policy to make a gift by irrevocably naming JFS as the owner and beneficiary of the policy.

Matching Gifts: Many corporations and businesses have programs to match employee gifts. Ask your employer or human resources department if they will help make your gift to JFS twice as powerful.

**Federated Campaigns:** If your employer conducts a campaign, we hope you give generously and consider designating some or all of your contribution to Jewish Family Service.

- Employees of Metro Nashville Government and School system as well as employees of many local colleges and universities, **MECCC** code 24
- Employees of organizations participating in a United Way Campaign use code 24.

**Corporate Sponsorship:** Receive exposure by sponsoring our annual Chesed Dinner – sponsorship levels vary.

**Volunteer:** A personal, valuable, and rewarding way to give is that of time. JFS could not operate without the selfless dedication of our volunteers.

Amazon Smile: When you shop on Amazon Smile, .5% of your purchase is donated to JFS. Go to smile.amazon. com and designate Jewish Family Service of Nashville and Middle TN as you charitable organization.

**Kroger Gift Cards:** Now it's easier than ever to support JFS while shopping at Kroger! Just follow these simple steps:

- 1) Go to www.kroger.com
- 2) SIGN IN or CREATE AN ACCOUNT
- 3) Click on **Savings and Rewards** near the top of the page
- 4) Scroll down to Kroger Community Rewards
- 5) Scroll down to find the "**I'm a Customer"** box and click on view details.
- 6) In the Search bar, TYPE in "Jewish" (or #YR766) and click Search.
- Select "Jewish Family Service" (It will also show our address and account number - YR766)
- 8) Click **ENROLL** Once you have signed up, JFS will benefit every time you shop and swipe your Kroger Plus card!

To find out more about any of these opportunities, please call (615)356-4234 or visit www.jfsnashville.org

# Art project

#### continued from page 9

of the world. Each *tikkun* has the potential to change everything.

Jewish Family Service. Helping to repair people's worlds—one child, one adult, one family at a time.

Jewish Family Service staff along with local artist Donice Kaufman, who helped vision and execute this project, created this panel entirely out of upcycled materials. We asked the board of JFS to donate sweaters and fabrics which became the waters of our earth and the land masses. Employees from the JCC, JFS and Federation brought in plastic grocery bags which were transformed into planets. The power of one. In this case, the power of one is felt by reducing our impact on the environment through upcycling rather than using new materials to create this panel. The brokenness in the world can seem overwhelming, but if each of us commits to one kind act or word, reducing our impact on the environment, or righting a social injustice, we can all do our part in Tikkun Olam, repairing the brokenness in the world that is home to us all.





Like us on Facebook ish Federation wille and middle tennessee the **strength** of a people. The **power** of community.

Jewish Family Service of Nashville and Middle Tennessee, Incorporated provides professional social services from Jewish perspectives which respond to and support individuals and families through life's transitions.

### **Jewish Family Service strives to**

Improve social, emotional and economic conditions Enhance personal growth Increase opportunities for independent, productive and satisfying lives

> "One who saves a Single Soul Saves an Entire World" – Sanhedrin 37a

Non-Profit Organization U.S. Postage Paid Permit No. 4043 Nashville